

# Patricia Tait

## 800m Splits

### 11th September 2009

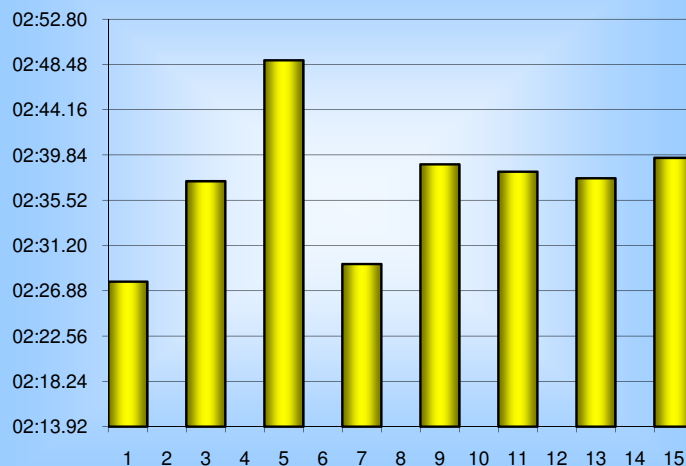
### Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	01:10.01	01:10.01				
100	02:27.76	01:17.75	02:27.76			
150	03:46.06	01:18.30		05:05.10		
200	05:05.10	01:19.04	02:37.34			
250	06:25.06	01:19.96			10:23.42	
300	07:53.98	01:28.92	02:48.88			
350	09:03.58	01:09.60		05:18.32		
400	10:23.42	01:19.84	02:29.44			
450	11:42.73	01:19.31				20:57.81
500	13:02.37	01:19.64	02:38.95			
550	14:21.90	01:19.53		05:17.20		
600	15:40.62	01:18.72	02:38.25			
650	16:59.61	01:18.99			10:34.39	
700	18:18.24	01:18.63	02:37.62			
750	19:38.34	01:20.10		05:17.19		
800	20:57.81	01:19.47	02:39.57			
<b>Averages</b>		<b>01:18.61</b>	<b>02:37.23</b>	<b>05:14.45</b>	<b>10:28.91</b>	<b>20:57.81</b>

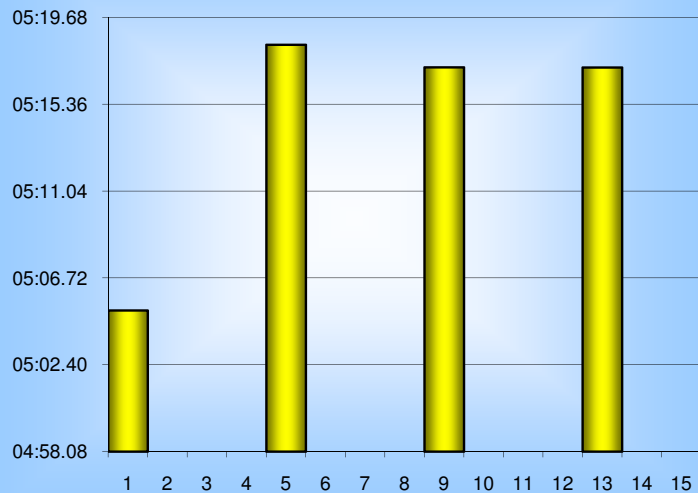
**50m splits**



**100m splits**



**200m splits**



**400m splits**

