

Patricia Johnston

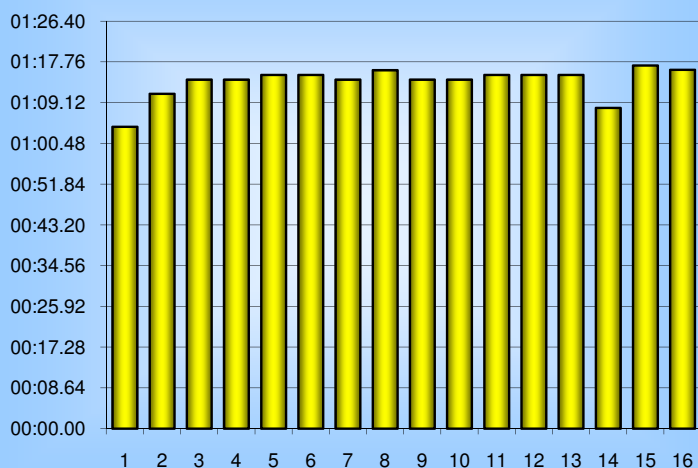
800m Splits

11th September 2009

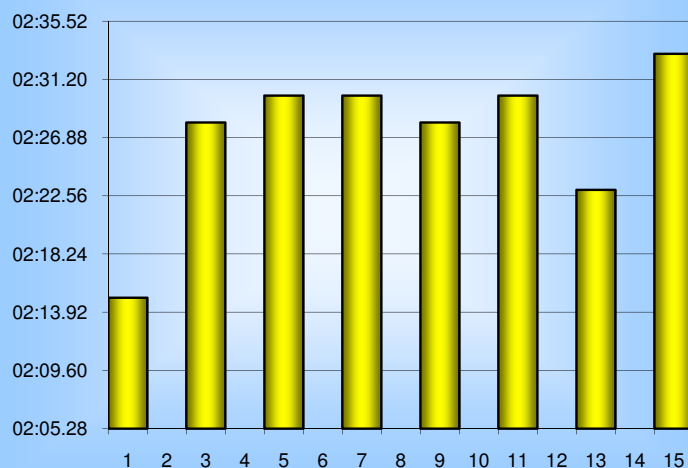
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	01:04.00	01:04.00				
100	02:15.00	01:11.00	02:15.00			
150	03:29.00	01:14.00		04:43.00		
200	04:43.00	01:14.00	02:28.00			
250	05:58.00	01:15.00			09:43.00	
300	07:13.00	01:15.00	02:30.00			
350	08:27.00	01:14.00		05:00.00		
400	09:43.00	01:16.00	02:30.00			
450	10:57.00	01:14.00				19:37.10
500	12:11.00	01:14.00	02:28.00			
550	13:26.00	01:15.00		04:58.00		
600	14:41.00	01:15.00	02:30.00			
650	15:56.00	01:15.00			09:54.10	
700	17:04.00	01:08.00	02:23.00			
750	18:21.00	01:17.00		04:56.10		
800	19:37.10	01:16.10	02:33.10			
Averages		01:13.57	02:27.14	04:54.27	09:48.55	19:37.10

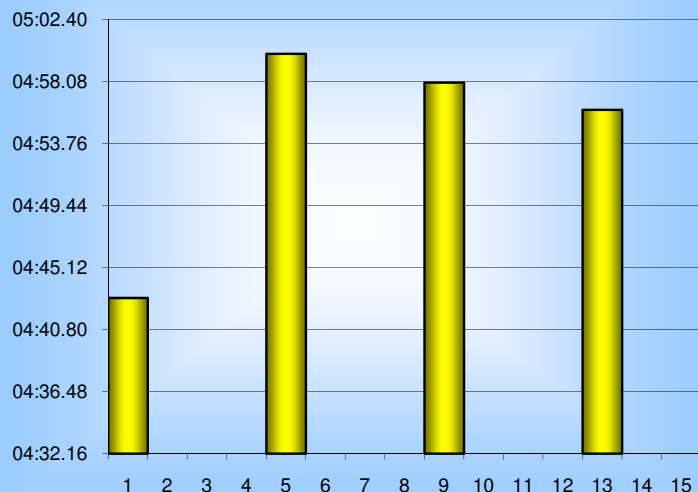
50m splits



100m splits



200m splits



400m splits

