

# Patricia Jackson

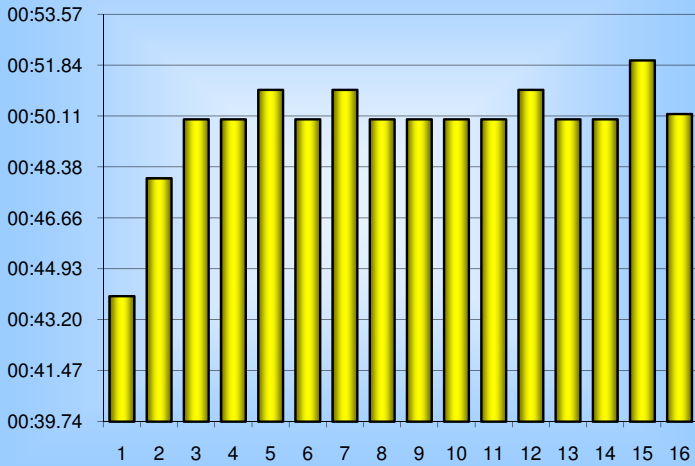
## 800m Splits

11th September 2009

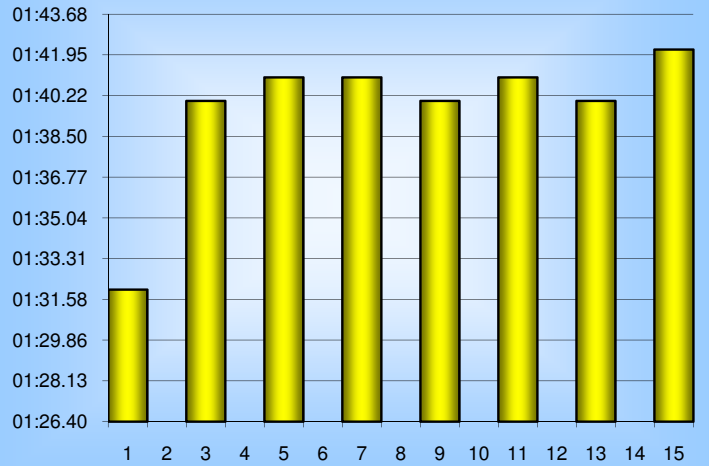
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:44.00	00:44.00				
100	01:32.00	00:48.00	01:32.00			
150	02:22.00	00:50.00	01:40.00	03:12.00		
200	03:12.00	00:50.00	01:40.00		06:34.00	
250	04:03.00	00:51.00	01:41.00			
300	04:53.00	00:50.00	01:41.00	03:22.00		
350	05:44.00	00:51.00	01:41.00			
400	06:34.00	00:50.00	01:41.00			13:17.18
450	07:24.00	00:50.00	01:40.00			
500	08:14.00	00:50.00	01:40.00	03:21.00		
550	09:04.00	00:50.00	01:41.00			
600	09:55.00	00:51.00	01:41.00		06:43.18	
650	10:45.00	00:50.00	01:40.00			
700	11:35.00	00:50.00	01:40.00	03:22.18		
750	12:27.00	00:52.00	01:42.18			
800	13:17.18	00:50.18				
<b>Averages</b>		<b>00:49.82</b>	<b>01:39.65</b>	<b>03:19.29</b>	<b>06:38.59</b>	<b>13:17.18</b>

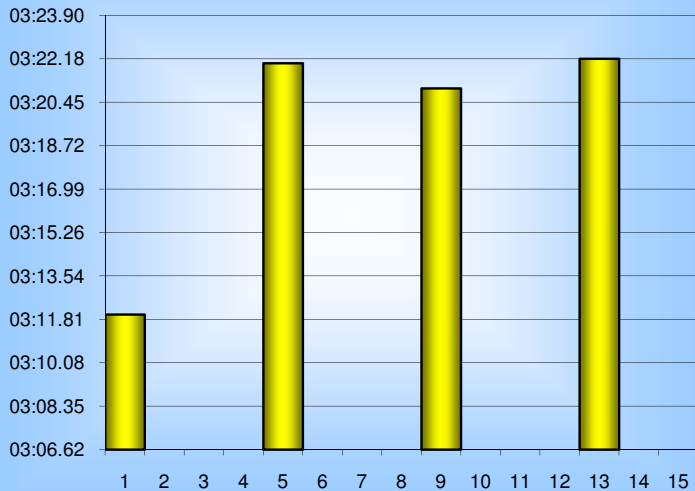
50m splits



100m splits



200m splits



400m splits

