

Katharine Gannon

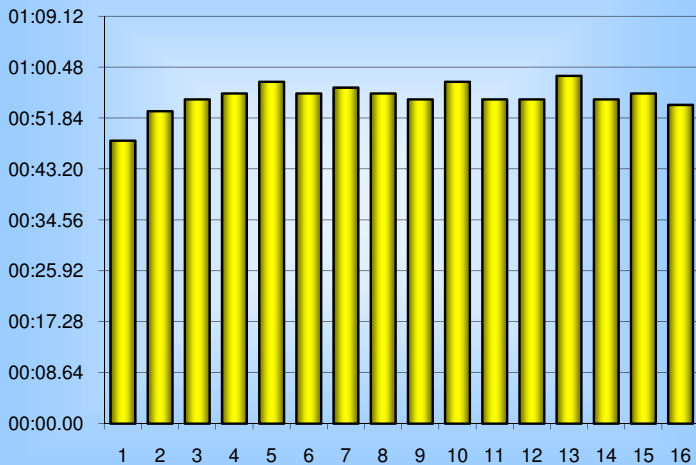
800m Splits

11th September 2009

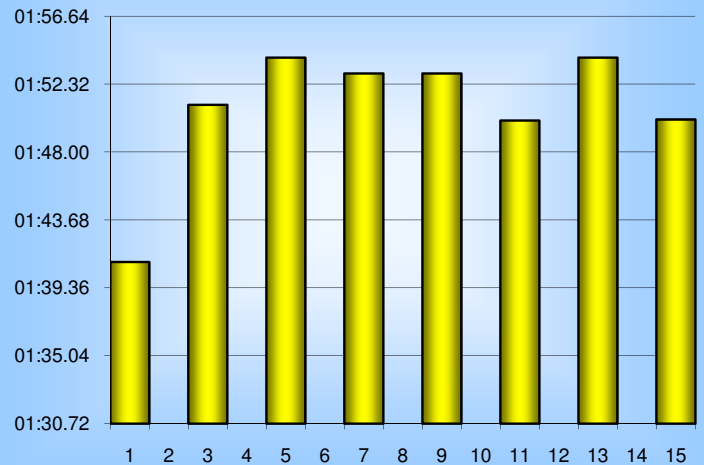
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:48.00	00:48.00				
100	01:41.00	00:53.00	01:41.00			
150	02:36.00	00:55.00	01:51.00	03:32.00		
200	03:32.00	00:56.00	01:54.00		07:19.00	
250	04:30.00	00:58.00	01:54.00			
300	05:26.00	00:56.00	01:53.00	03:47.00		
350	06:23.00	00:57.00	01:53.00			
400	07:19.00	00:56.00	01:53.00			14:46.07
450	08:14.00	00:55.00	01:53.00			
500	09:12.00	00:58.00	01:50.00	03:43.00		
550	10:07.00	00:55.00	01:50.00			
600	11:02.00	00:55.00	01:54.00		07:27.07	
650	12:01.00	00:59.00	01:54.00			
700	12:56.00	00:55.00	01:50.07	03:44.07		
750	13:52.00	00:56.00				
800	14:46.07	00:54.07				
Averages		00:55.38	01:50.76	03:41.52	07:23.04	14:46.07

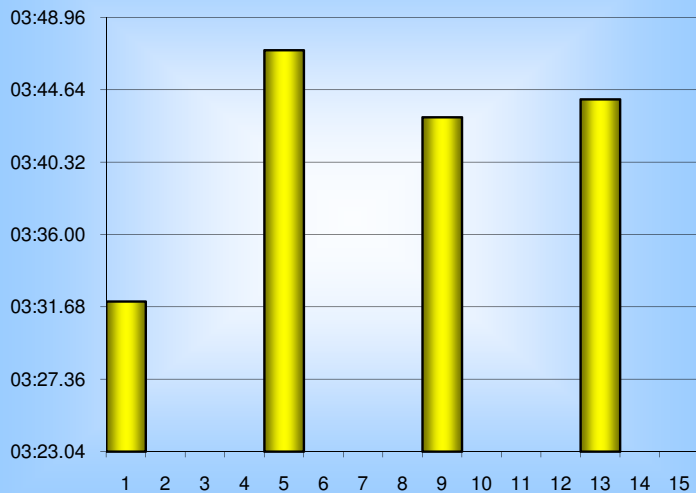
50m splits



100m splits



200m splits



400m splits

