

Jennifer Skinnider

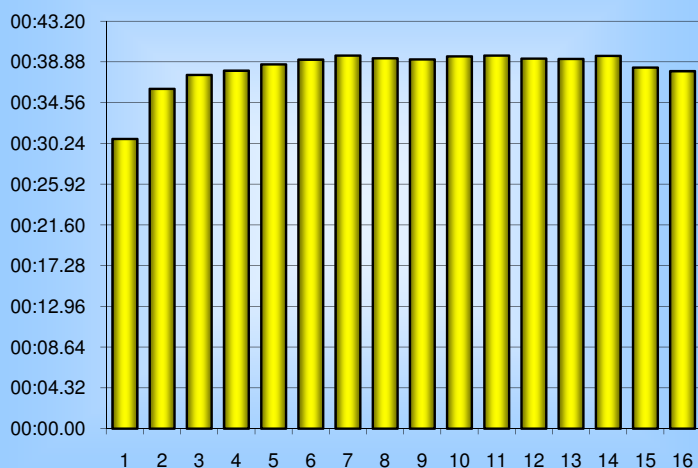
800m Splits

11th September 2009

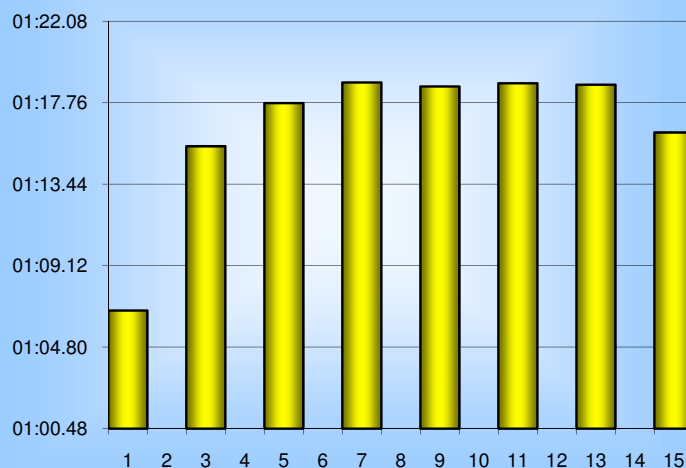
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:30.71	00:30.71				
100	01:06.74	00:36.03	01:06.74			
150	01:44.24	00:37.50	01:15.45	02:22.19		
200	02:22.19	00:37.95			04:58.76	
250	03:00.81	00:38.62	01:17.74			
300	03:39.93	00:39.12	01:18.83	02:36.57		
350	04:19.49	00:39.56	01:18.62			
400	04:58.76	00:39.27	01:18.62	02:37.41		10:11.06
450	05:37.91	00:39.15	01:18.79			
500	06:17.38	00:39.47	01:18.71	02:34.89		
550	06:56.94	00:39.56	01:16.18			
600	07:36.17	00:39.23			05:12.30	
650	08:15.36	00:39.19				
700	08:54.88	00:39.52				
750	09:33.16	00:38.28				
800	10:11.06	00:37.90				
Averages		00:38.19	01:16.38	02:32.76	05:05.53	10:11.06

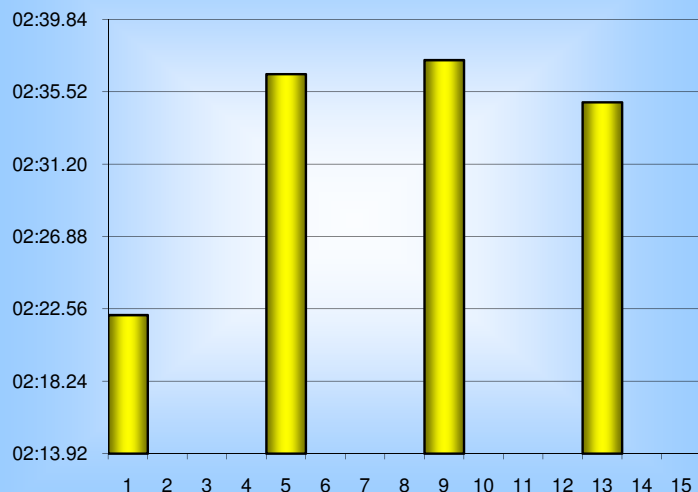
50m splits



100m splits



200m splits



400m splits

