

# Graeme Schreiber

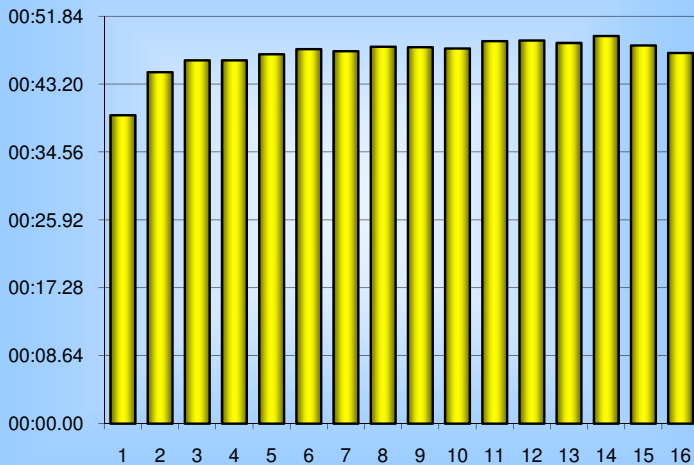
## 800m Splits

11th September 2009

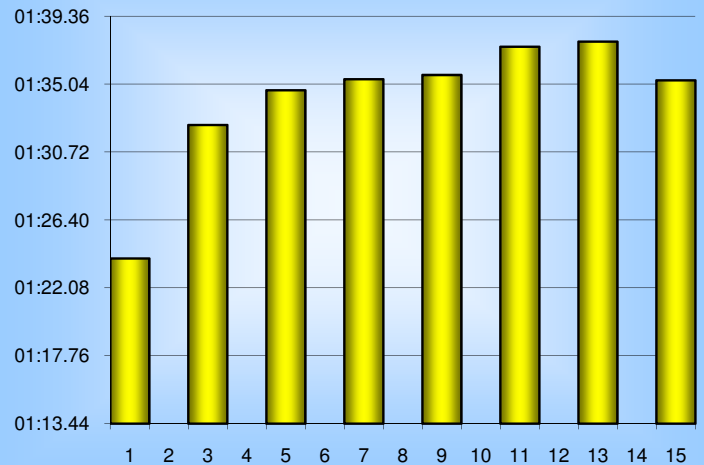
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:39.24	00:39.24				
100	01:23.95	00:44.71	01:23.95			
150	02:10.17	00:46.22	01:32.44	02:56.39		
200	02:56.39	00:46.22	01:34.65		06:06.39	
250	03:43.39	00:47.00	01:35.35	03:10.00		
300	04:31.04	00:47.65	01:35.62			
350	05:18.43	00:47.39	01:35.62	03:13.04		
400	06:06.39	00:47.96	01:37.42			12:32.45
450	06:54.28	00:47.89	01:37.74			
500	07:42.01	00:47.73	01:35.28	03:13.02		
550	08:30.68	00:48.67				
600	09:19.43	00:48.75			06:26.06	
650	10:07.86	00:48.43				
700	10:57.17	00:49.31				
750	11:45.29	00:48.12				
800	12:32.45	00:47.16				
<b>Averages</b>		<b>00:47.03</b>	<b>01:34.06</b>	<b>03:08.11</b>	<b>06:16.23</b>	<b>12:32.45</b>

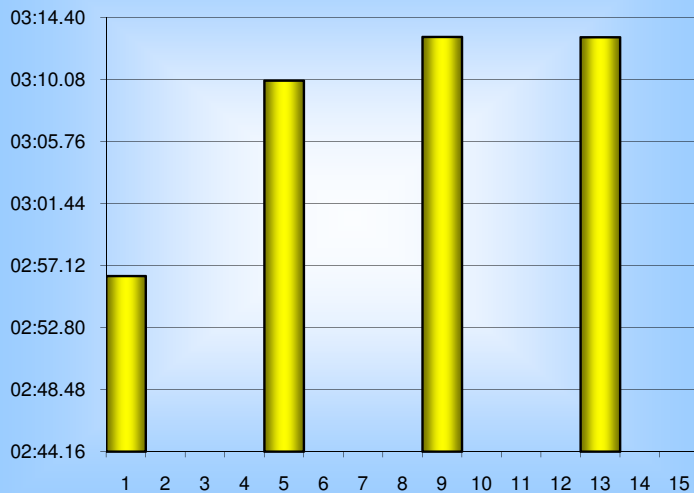
50m splits



100m splits



200m splits



400m splits

