

Gary Hurr

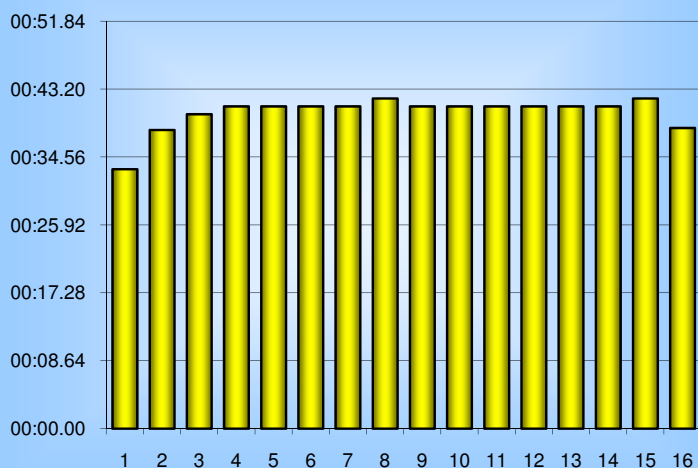
800m Splits

11th September 2009

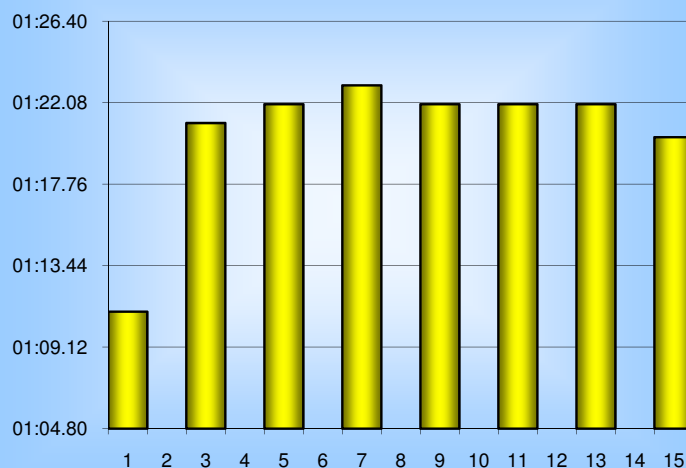
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:33.00	00:33.00				
100	01:11.00	00:38.00	01:11.00			
150	01:51.00	00:40.00	01:21.00	02:32.00		
200	02:32.00	00:41.00	01:22.00		05:17.00	
250	03:13.00	00:41.00	01:22.00			
300	03:54.00	00:41.00	01:23.00	02:45.00		
350	04:35.00	00:41.00	01:23.00			
400	05:17.00	00:42.00	01:22.00			10:43.25
450	05:58.00	00:41.00	01:22.00			
500	06:39.00	00:41.00	01:22.00	02:44.00		
550	07:20.00	00:41.00	01:22.00		05:26.25	
600	08:01.00	00:41.00	01:22.00			
650	08:42.00	00:41.00	01:22.00			
700	09:23.00	00:41.00	01:22.00	02:42.25		
750	10:05.00	00:42.00	01:20.25			
800	10:43.25	00:38.25				
Averages		00:40.20	01:20.41	02:40.81	05:21.63	10:43.25

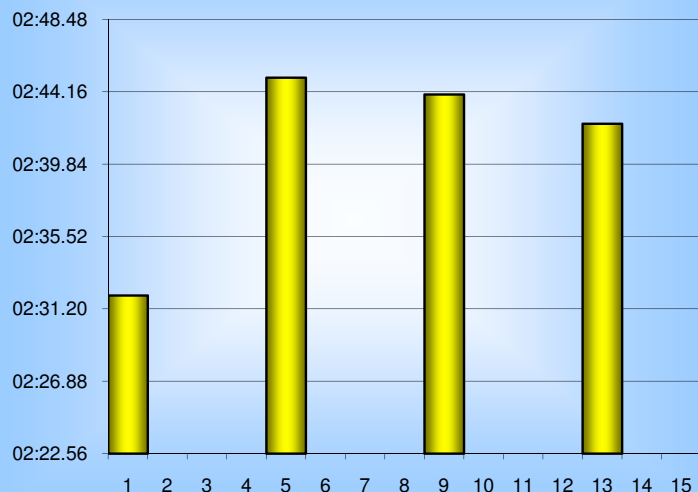
50m splits



100m splits



200m splits



400m splits

