

Gary Buxton

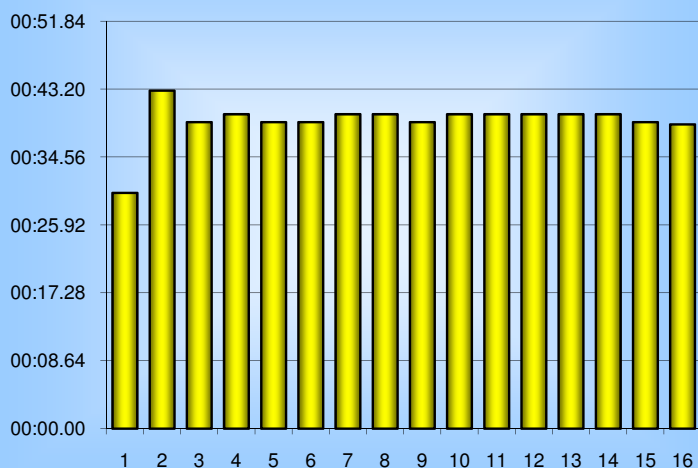
800m Splits

11th September 2009

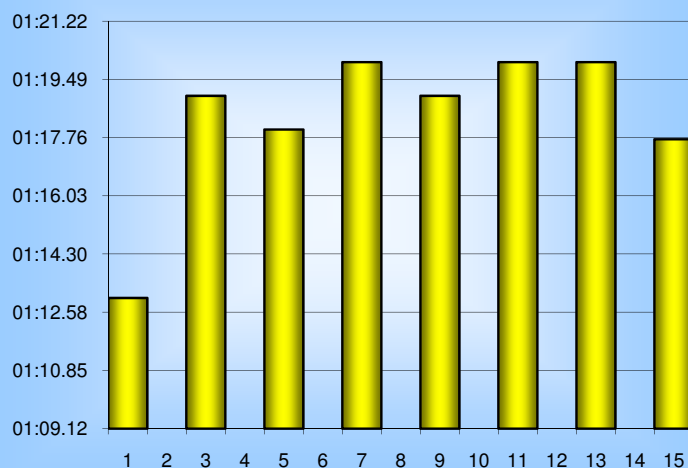
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:30.00	00:30.00				
100	01:13.00	00:43.00	01:13.00			
150	01:52.00	00:39.00	01:19.00	02:32.00		
200	02:32.00	00:40.00	01:18.00		05:10.00	
250	03:11.00	00:39.00	01:20.00	02:38.00		
300	03:50.00	00:40.00	01:19.00			
350	04:30.00	00:39.00	01:20.00	02:39.00		
400	05:10.00	00:40.00	01:19.00			10:26.71
450	05:49.00	00:40.00	01:20.00			
500	06:29.00	00:40.00	01:20.00	02:37.71		
550	07:09.00	00:40.00	01:17.71			
600	07:49.00	00:40.00			05:16.71	
650	08:29.00	00:39.00				
700	09:09.00	00:38.71				
750	09:48.00					
800	10:26.71					
Averages		00:39.17	01:18.34	02:36.68	05:13.35	10:26.71

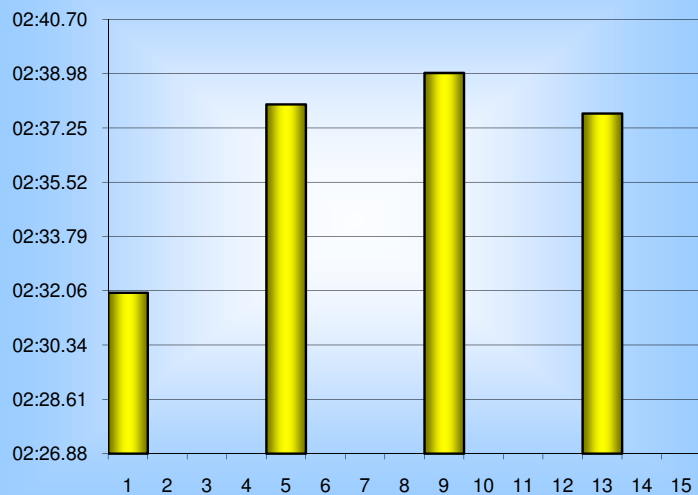
50m splits



100m splits



200m splits



400m splits

