

# Evelyn Tivendale

## 800m Splits

11th September 2009

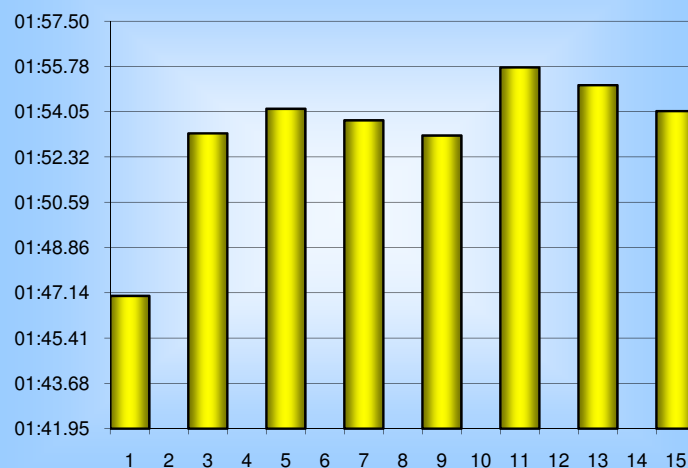
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:51.34	00:51.34				
100	01:47.02	00:55.68	01:47.02			
150	02:43.72	00:56.70	01:53.22	03:40.24		
200	03:40.24	00:56.52	01:54.16		07:28.12	
250	04:36.59	00:56.35	01:53.72	03:47.88		
300	05:34.40	00:57.81	01:53.14			
350	06:31.51	00:56.61	01:53.14	03:48.88		
400	07:28.12	00:56.88	01:55.74		07:38.01	15:06.13
450	08:25.00	00:56.26	01:55.06	03:49.13		
500	09:21.26	00:57.78	01:54.07			
550	10:19.04	00:57.96				
600	11:17.00	00:57.15				
650	12:14.15	00:57.91				
700	13:12.06	00:57.72				
750	14:09.78	00:56.35				
800	15:06.13					
<b>Averages</b>		<b>00:56.63</b>	<b>01:53.27</b>	<b>03:46.53</b>	<b>07:33.07</b>	<b>15:06.13</b>

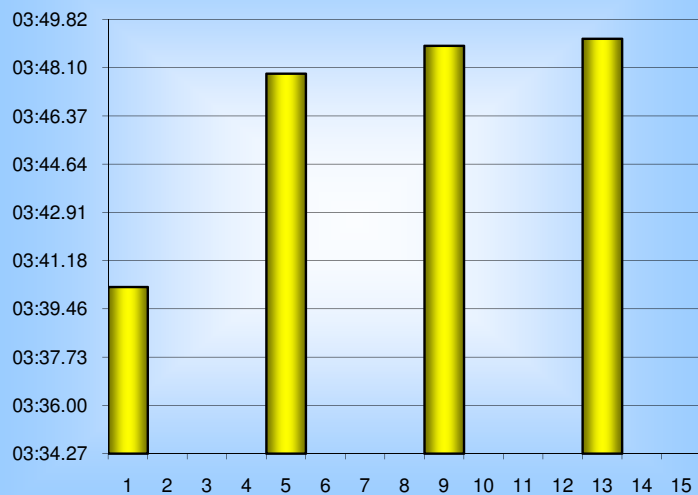
50m splits



100m splits



200m splits



400m splits

