

# Darren Marr

## 800m Splits

### 11th September 2009

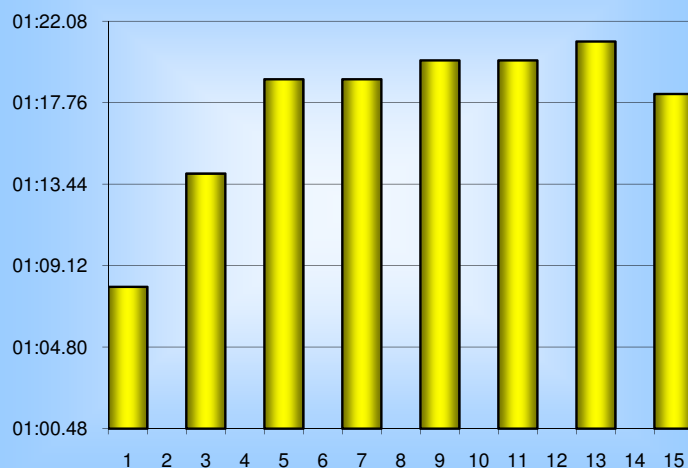
### Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:32.00	00:32.00				
100	01:08.00	00:36.00	01:08.00			
150	01:44.00	00:36.00	01:14.00	02:22.00		
200	02:22.00	00:38.00	01:19.00		05:00.00	
250	03:01.00	00:39.00	01:19.00	02:38.00		
300	03:41.00	00:40.00	01:19.00			
350	04:20.00	00:39.00	01:20.00	02:40.00		
400	05:00.00	00:40.00	01:20.00			10:19.22
450	05:40.00	00:40.00	01:21.00	02:39.22		
500	06:20.00	00:40.00	01:18.22			
550	07:00.00	00:40.00				
600	07:40.00	00:41.00			05:19.22	
650	08:21.00	00:40.00				
700	09:01.00	00:40.00				
750	09:41.00	00:40.00				
800	10:19.22	00:38.22				
<b>Averages</b>		<b>00:38.70</b>	<b>01:17.40</b>	<b>02:34.81</b>	<b>05:09.61</b>	<b>10:19.22</b>

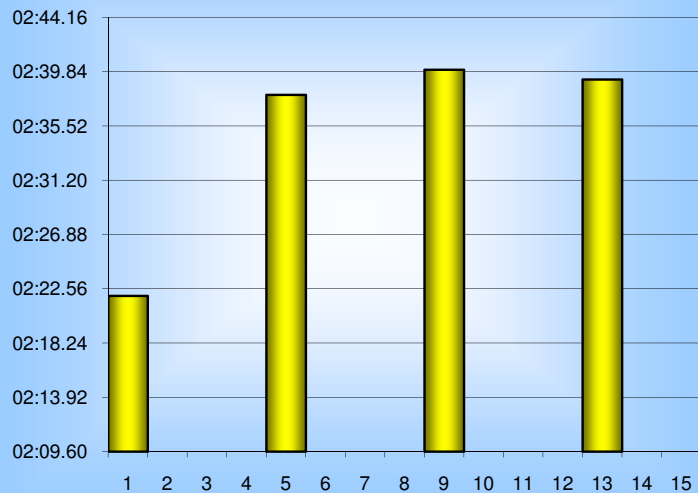
50m splits



100m splits



200m splits



400m splits

