

Callum Johnston

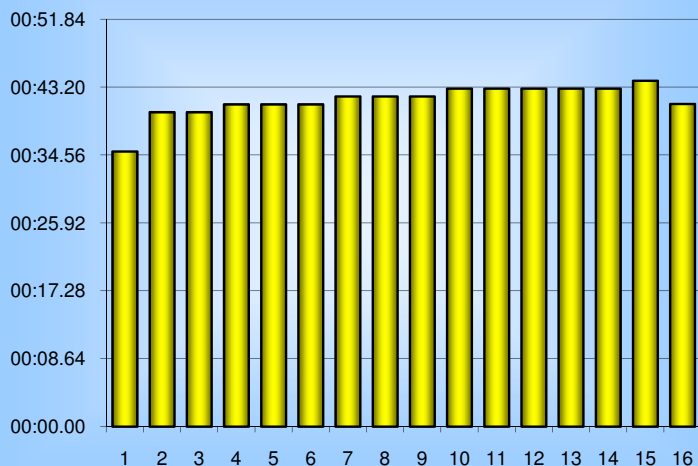
800m Splits

11th September 2009

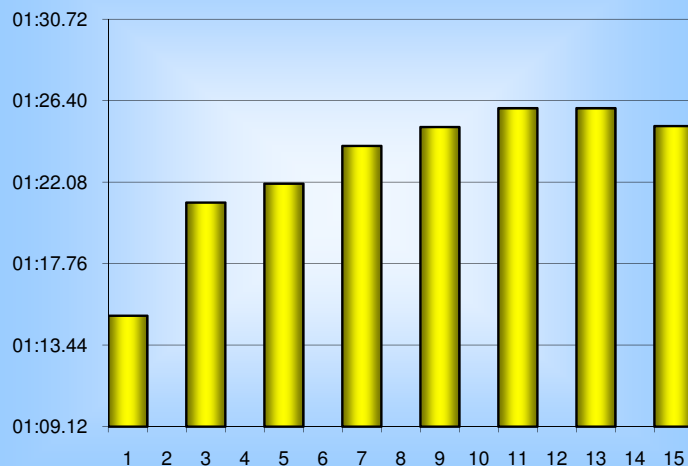
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:35.00	00:35.00				
100	01:15.00	00:40.00	01:15.00			
150	01:55.00	00:40.00	01:21.00	02:36.00		
200	02:36.00	00:41.00	01:22.00		05:22.00	
250	03:17.00	00:41.00	01:22.00			
300	03:58.00	00:41.00	01:24.00	02:46.00		
350	04:40.00	00:42.00	01:24.00			
400	05:22.00	00:42.00	01:25.00			11:04.05
450	06:04.00	00:42.00	01:25.00			
500	06:47.00	00:43.00	01:26.00	02:51.00		
550	07:30.00	00:43.00	01:26.00			
600	08:13.00	00:43.00	01:26.00		05:42.05	
650	08:56.00	00:43.00	01:26.00			
700	09:39.00	00:43.00	01:26.00	02:51.05		
750	10:23.00	00:44.00	01:25.05			
800	11:04.05	00:41.05				
Averages		00:41.50	01:23.01	02:46.01	05:32.02	11:04.05

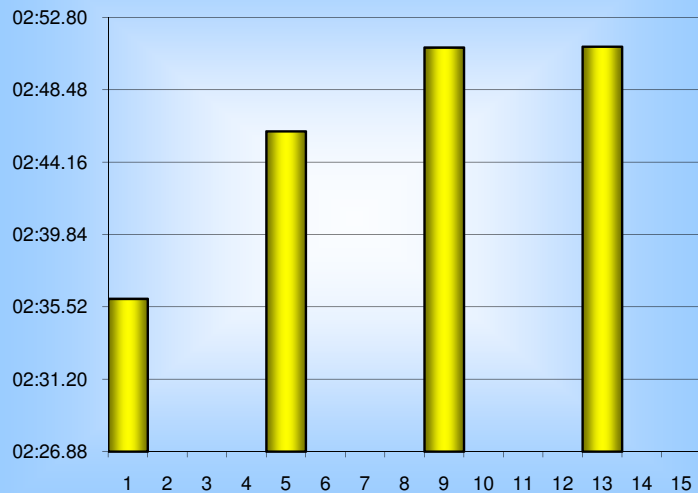
50m splits



100m splits



200m splits



400m splits

