

Mary Docherty

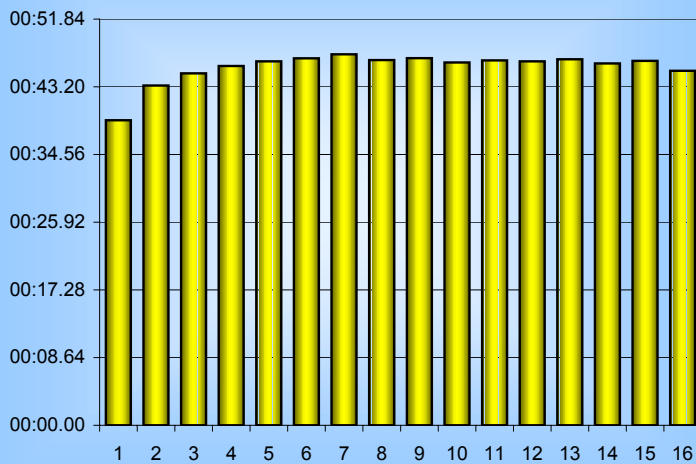
800m Splits

5th September 2008

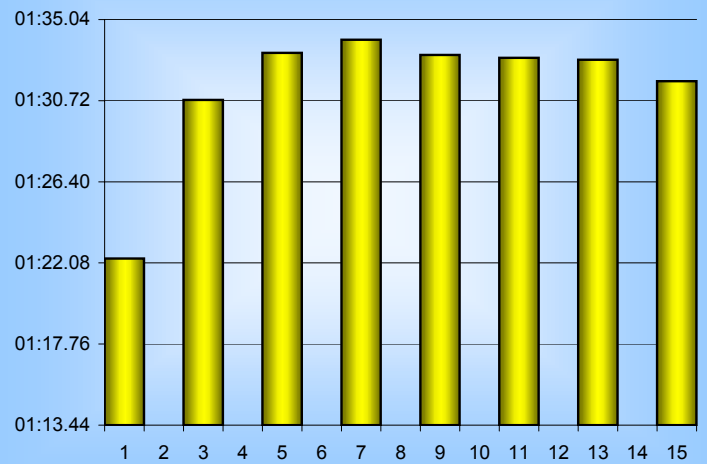
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:38.94	00:38.94				
100	01:22.31	00:43.37	01:22.31			
150	02:07.22	00:44.91	01:30.76	02:53.07		
200	02:53.07	00:45.85	01:33.27		06:00.31	
250	03:39.51	00:46.44	01:33.97	03:07.24		
300	04:26.34	00:46.83	01:33.16			
350	05:13.69	00:47.35	01:33.00	03:06.16		
400	06:00.31	00:46.62	01:32.90		06:10.82	12:11.13
450	06:47.16	00:46.85	01:31.76	03:04.66		
500	07:33.47	00:46.31				
550	08:20.03	00:46.56				
600	09:06.47	00:46.44				
650	09:53.19	00:46.72				
700	10:39.37	00:46.18				
750	11:25.88	00:46.51				
800	12:11.13	00:45.25				
Averages		00:45.70	01:31.39	03:02.78	06:05.56	12:11.13

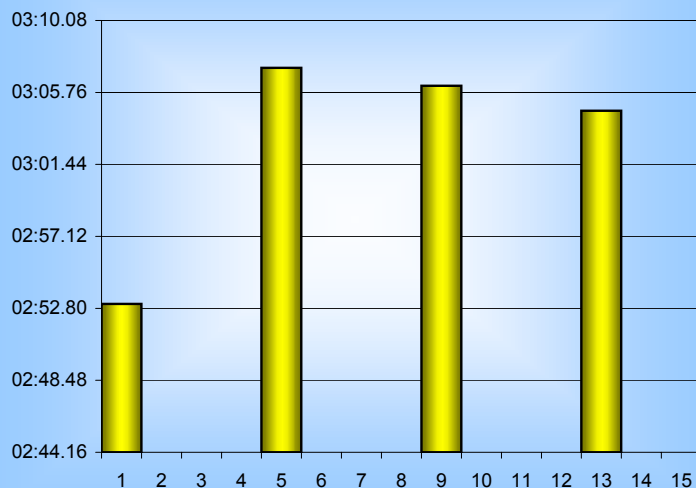
50m splits



100m splits



200m splits



400m splits

