

# Jack Glover

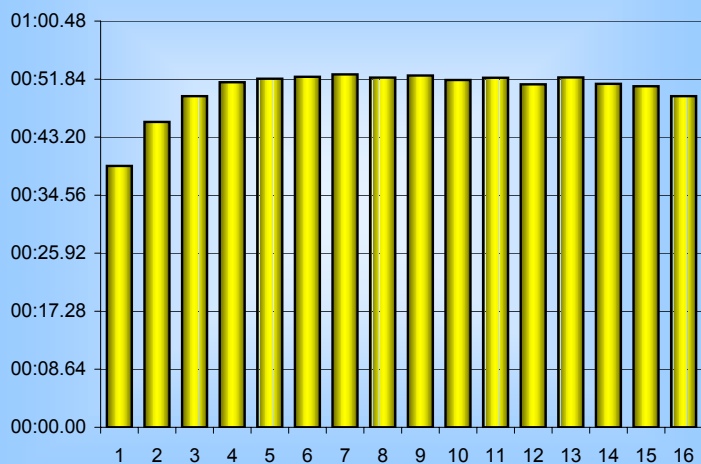
## 800m Splits

### 5th September 2008

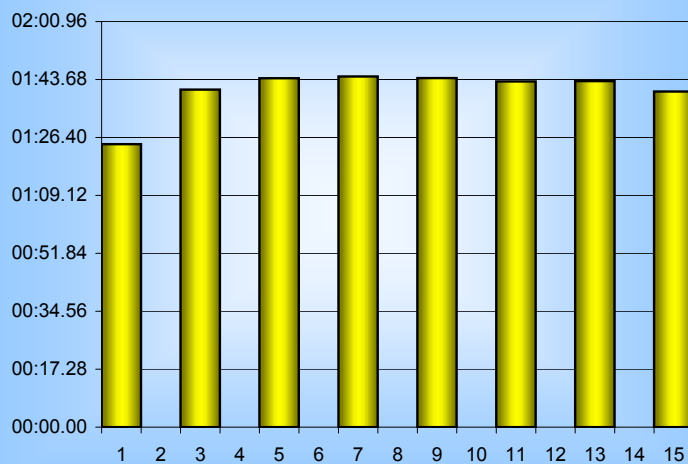
### Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:38.91	00:38.91				
100	01:24.38	00:45.47	01:24.38			
150	02:13.69	00:49.31	01:40.68	03:05.06		
200	03:05.06	00:51.37	01:44.07		06:33.74	
250	03:56.95	00:51.89	01:44.07			
300	04:49.13	00:52.18	01:44.61	03:28.68		
350	05:41.68	00:52.55	01:44.61			
400	06:33.74	00:52.06	01:44.09			13:24.24
450	07:26.11	00:52.37	01:44.09			
500	08:17.83	00:51.72	01:43.11	03:27.20		
550	09:09.87	00:52.04	01:43.11			
600	10:00.94	00:51.07	01:43.22		06:50.50	
650	10:53.02	00:52.08	01:43.22			
700	11:44.16	00:51.14	01:40.08	03:23.30		
750	12:34.93	00:50.77				
800	13:24.24	00:49.31				
<b>Averages</b>		<b>00:50.27</b>	<b>01:40.53</b>	<b>03:21.06</b>	<b>06:42.12</b>	<b>13:24.24</b>

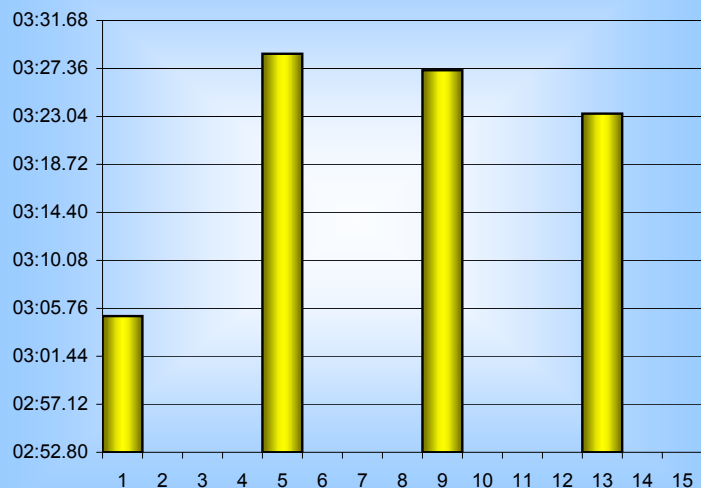
50m splits



100m splits



200m splits



400m splits

