

# David O'Brien

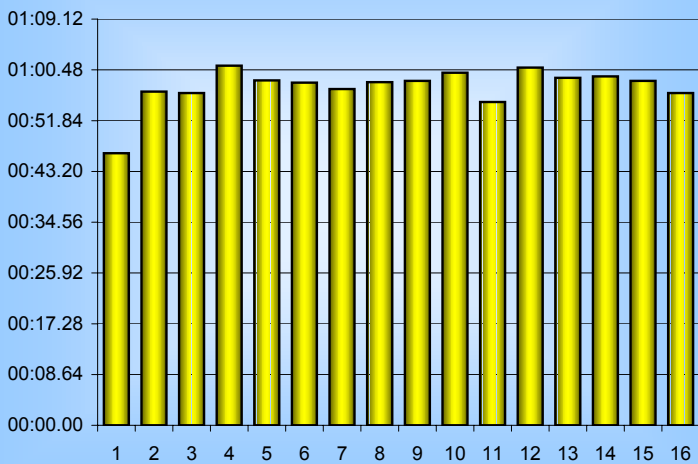
## 800m Splits

5th September 2008

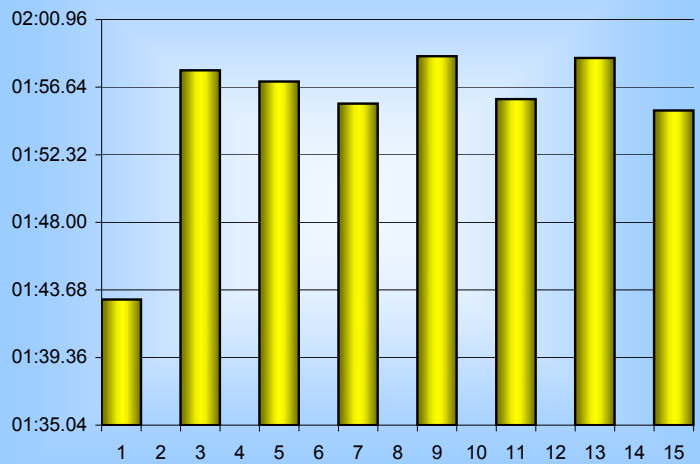
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:46.29	00:46.29				
100	01:43.07	00:56.78	01:43.07			
150	02:39.60	00:56.53	01:57.72	03:40.79		
200	03:40.79	01:01.19	01:57.00		07:33.38	
250	04:39.49	00:58.70	01:57.00			
300	05:37.79	00:58.30	01:55.59	03:52.59		
350	06:35.00	00:57.21	01:58.62			
400	07:33.38	00:58.38	01:58.62	03:54.50		15:21.53
450	08:32.00	00:58.62	01:55.88			
500	09:32.00	01:00.00	01:58.50			
550	10:27.00	00:55.00	01:55.15	03:53.65		
600	11:27.88	01:00.88			07:48.15	
650	12:27.00	00:59.12				
700	13:26.38	00:59.38				
750	14:25.00	00:58.62				
800	15:21.53	00:56.53				
<b>Averages</b>		<b>00:57.60</b>	<b>01:55.19</b>	<b>03:50.38</b>	<b>07:40.76</b>	<b>15:21.53</b>

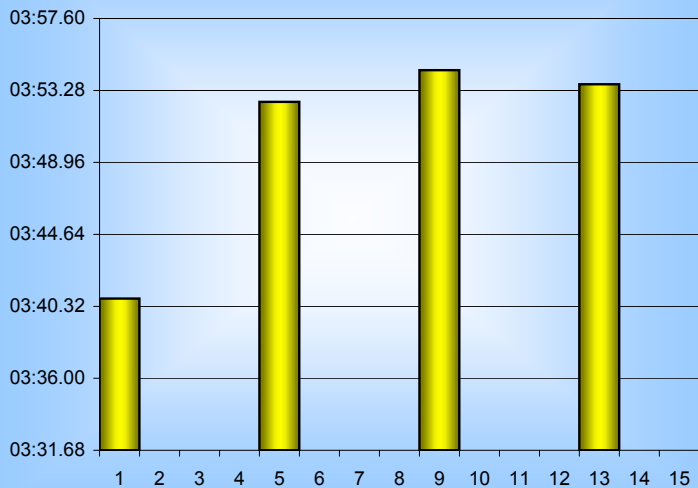
50m splits



100m splits



200m splits



400m splits

