

David McCorkindale

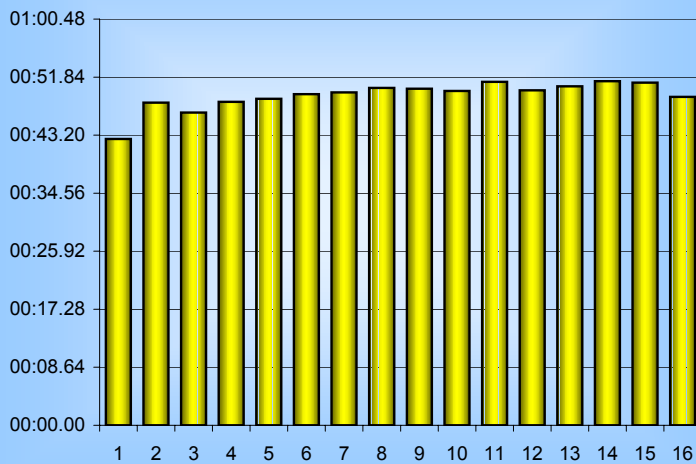
800m Splits

5th September 2008

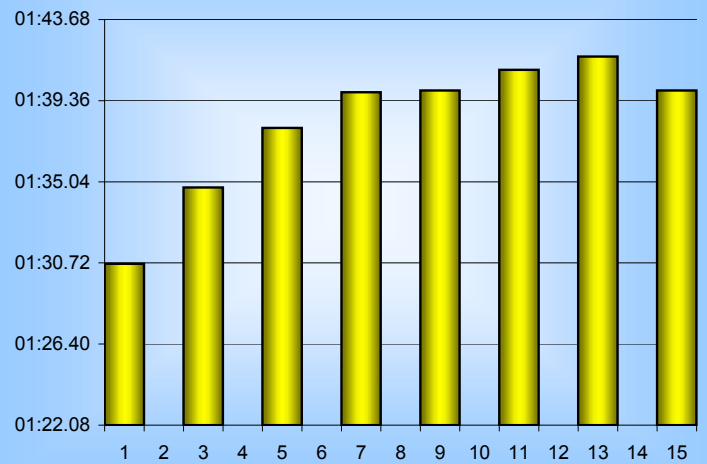
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:42.62	00:42.62				
100	01:30.67	00:48.05	01:30.67			
150	02:17.24	00:46.57	01:34.74	03:05.41		
200	03:05.41	00:48.17	01:37.91		06:23.13	
250	03:54.02	00:48.61	01:39.81	03:17.72		
300	04:43.32	00:49.30	01:39.90			
350	05:32.89	00:49.57	01:41.00	03:20.90		
400	06:23.13	00:50.24	01:41.71		06:42.51	
450	07:13.25	00:50.12	01:39.90			13:05.64
500	08:03.03	00:49.78	01:39.90	03:21.61		
550	08:54.16	00:51.13	01:41.00			
600	09:44.03	00:49.87	01:41.71			
650	10:34.51	00:50.48	01:39.90			
700	11:25.74	00:51.23	01:39.90			
750	12:16.75	00:51.01				
800	13:05.64	00:48.89				
Averages		00:49.10	01:38.21	03:16.41	06:32.82	13:05.64

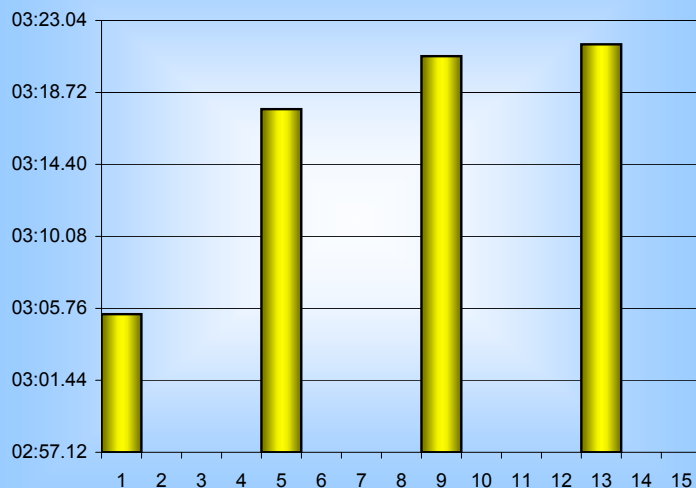
50m splits



100m splits



200m splits



400m splits

