

# Callum Johnston

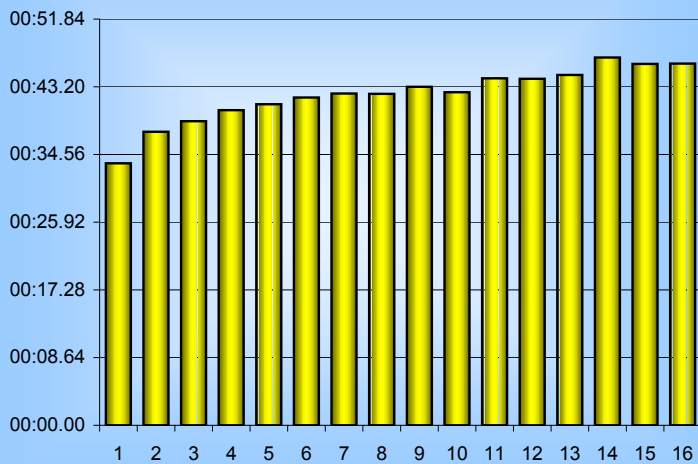
## 800m Splits

5th September 2008

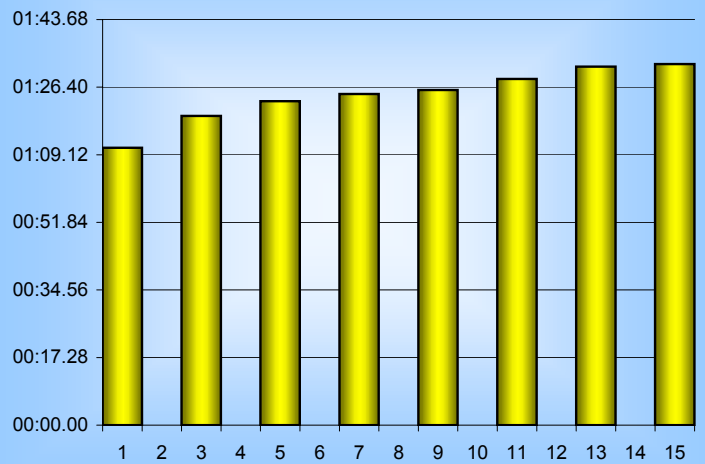
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:33.43	00:33.43				
100	01:10.90	00:37.47	01:10.90			
150	01:49.71	00:38.81	01:19.03	02:29.93		
200	02:29.93	00:40.22	01:22.81		05:17.40	
250	03:10.90	00:40.97	01:24.66	02:47.47		
300	03:52.74	00:41.84	01:25.69			
350	04:35.09	00:42.35	01:28.50	02:54.19		
400	05:17.40	00:42.31	01:31.65		05:58.13	11:15.53
450	06:00.59	00:43.19	01:32.29	03:03.94		
500	06:43.09	00:42.50				
550	07:27.37	00:44.28				
600	08:11.59	00:44.22				
650	08:56.30	00:44.71				
700	09:43.24	00:46.94				
750	10:29.37	00:46.13				
800	11:15.53	00:46.16				
<b>Averages</b>		<b>00:42.22</b>	<b>01:24.44</b>	<b>02:48.88</b>	<b>05:37.77</b>	<b>11:15.53</b>

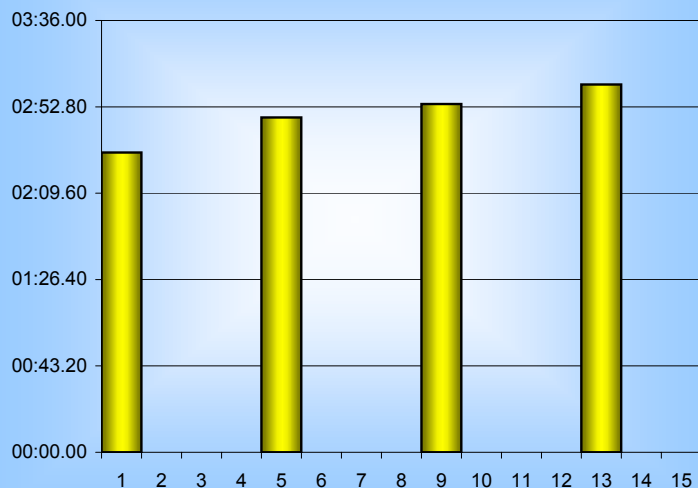
50m splits



100m splits



200m splits



400m splits

