

Sandra Lea

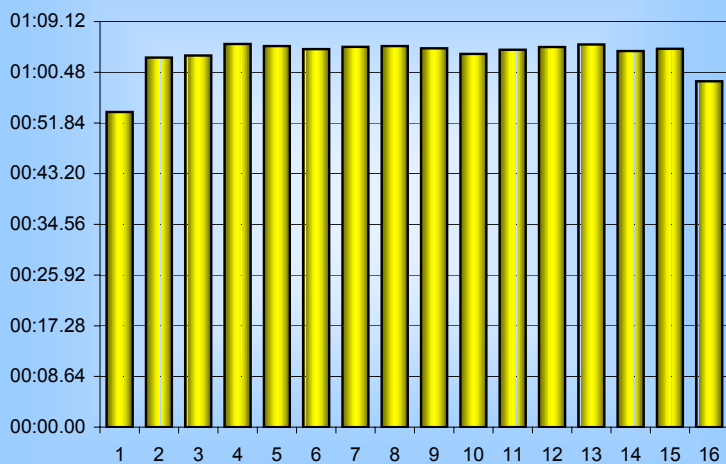
800m Splits

7th September 2007

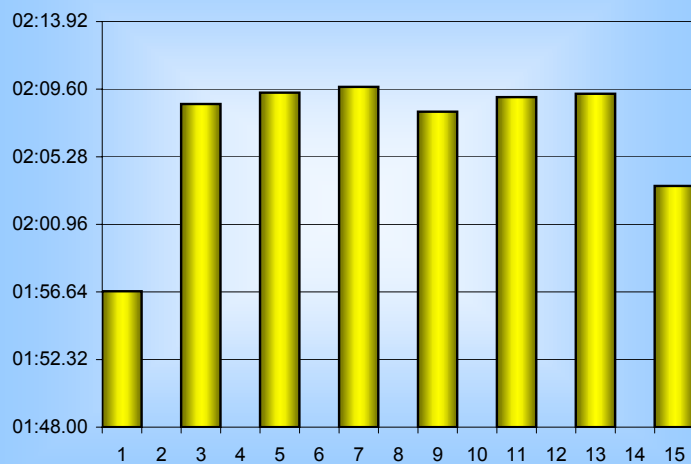
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:53.71	00:53.71				
100	01:56.68	01:02.97	01:56.68			
150	03:00.03	01:03.35		04:05.33		
200	04:05.33	01:05.30	02:08.65			
250	05:10.27	01:04.94		04:19.13	08:24.46	
300	06:14.71	01:04.44	02:09.38			
350	07:19.52	01:04.81		04:17.25		
400	08:24.46	01:04.94	02:09.75			
450	09:29.02	01:04.56		04:12.73		
500	10:32.62	01:03.60	02:08.16			16:54.44
550	11:36.93	01:04.31				
600	12:41.71	01:04.78	02:09.09			
650	13:46.93	01:05.22			08:29.98	
700	14:51.02	01:04.09	02:09.31			
750	15:55.49	01:04.47				
800	16:54.44	00:58.95	02:03.42			
Averages		01:03.40	02:06.81	04:13.61	08:27.22	16:54.44

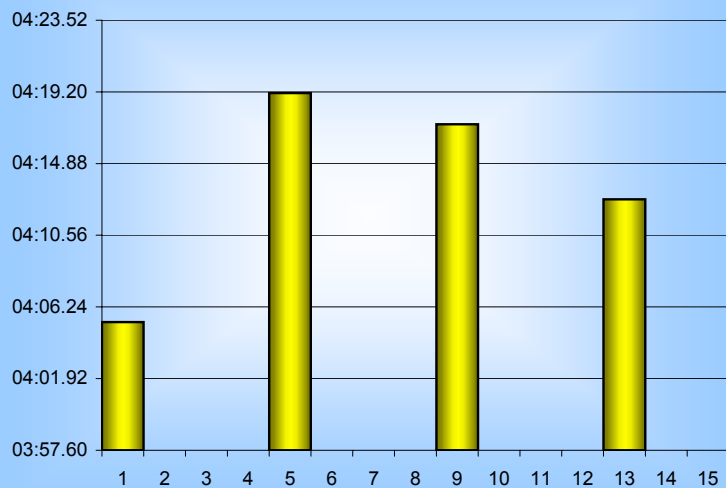
50m splits



100m splits



200m splits



400m splits

