

# Hugh Stewart

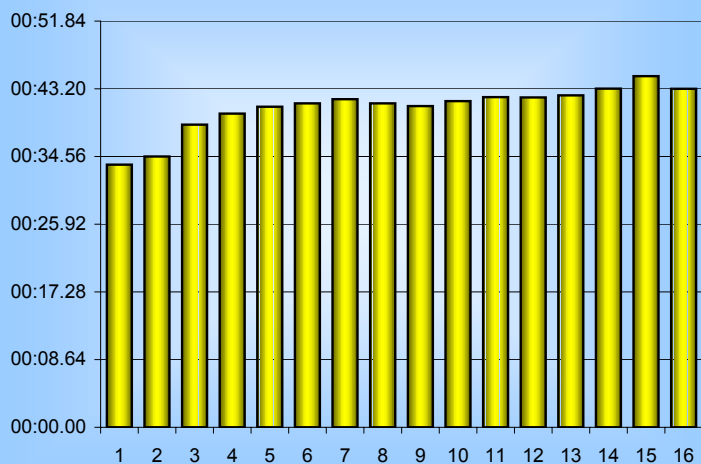
## 800m Splits

7th September 2007

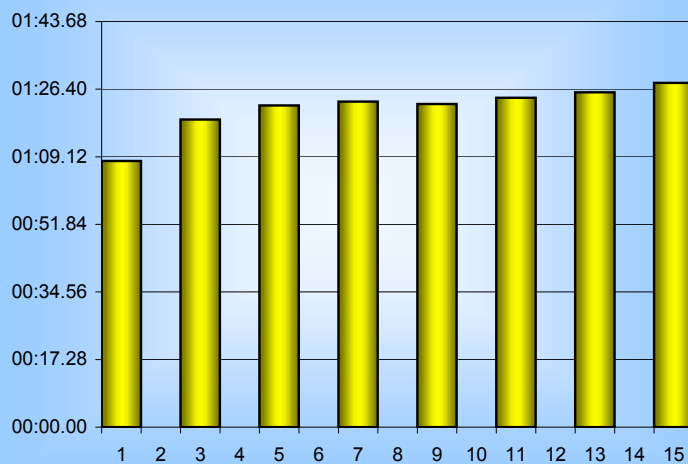
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:33.51	00:33.51				
100	01:08.06	00:34.55	01:08.06			
150	01:46.69	00:38.63	01:18.66	02:26.72		
200	02:26.72	00:40.03	01:22.25		05:12.19	
250	03:07.63	00:40.91	01:23.22	02:45.47		
300	03:48.97	00:41.34	01:22.62			
350	04:30.84	00:41.87	01:24.22	02:46.84		
400	05:12.19	00:41.35	01:25.58		05:40.42	10:52.61
450	05:53.19	00:41.00	01:28.00	02:53.58		
500	06:34.81	00:41.62				
550	07:16.94	00:42.13				
600	07:59.03	00:42.09				
650	08:41.39	00:42.36				
700	09:24.61	00:43.22				
750	10:09.42	00:44.81				
800	10:52.61	00:43.19				
<b>Averages</b>		<b>00:40.79</b>	<b>01:21.58</b>	<b>02:43.15</b>	<b>05:26.30</b>	<b>10:52.61</b>

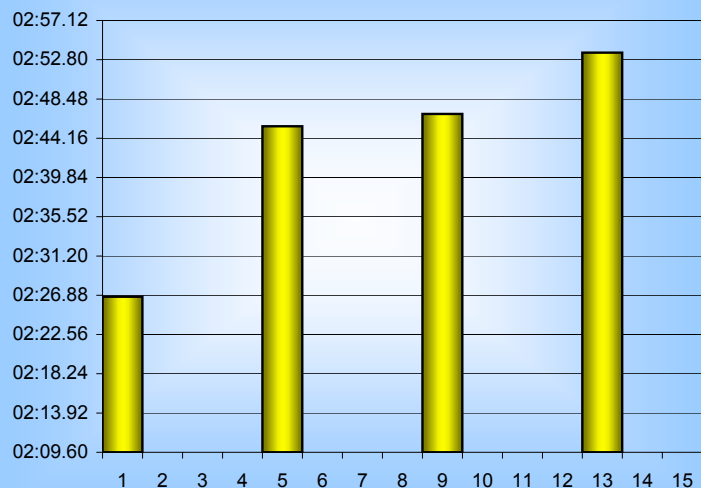
50m splits



100m splits



200m splits



400m splits

