

Gary Buxton

800m Splits

7th September 2007

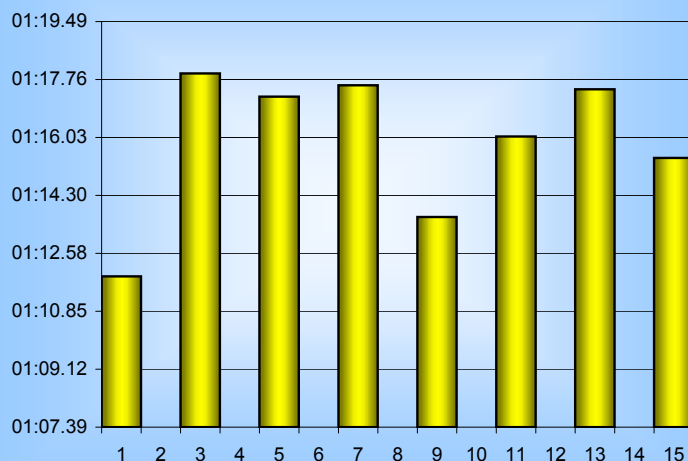
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:33.58	00:33.58				
100	01:11.89	00:38.31	01:11.89			
150	01:50.45	00:38.56	01:17.94	02:29.83		
200	02:29.83	00:39.38	01:17.25		05:04.67	
250	03:09.05	00:38.03	01:17.59	02:34.84		
300	03:47.08	00:38.65	01:13.66			10:07.28
350	04:25.73	00:37.06	01:16.06	02:29.72		
400	05:04.67	00:37.87	01:17.47		05:02.61	
450	05:41.73	00:38.19	01:15.42	02:32.89		
500	06:18.33	00:38.34				
550	06:56.20	00:39.13				
600	07:34.39	00:37.72				
650	08:12.73	00:37.00				
700	08:51.86					
750	09:29.58					
800	10:07.28					
Averages		00:37.96	01:15.91	02:31.82	05:03.64	10:07.28

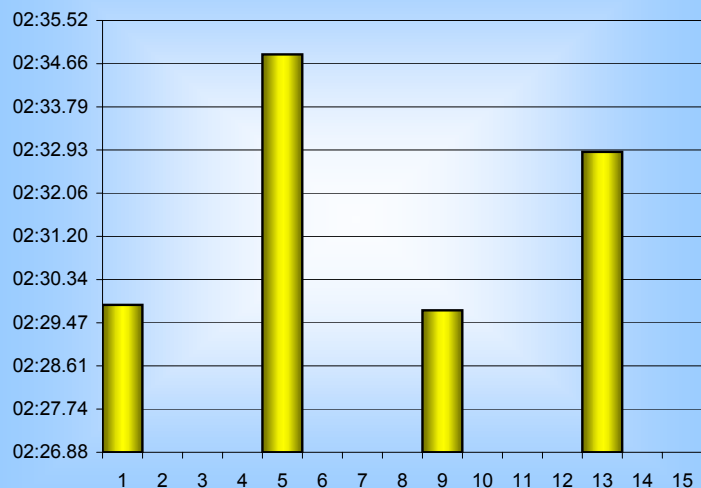
50m splits



100m splits



200m splits



400m splits

