

Barbara Thomson

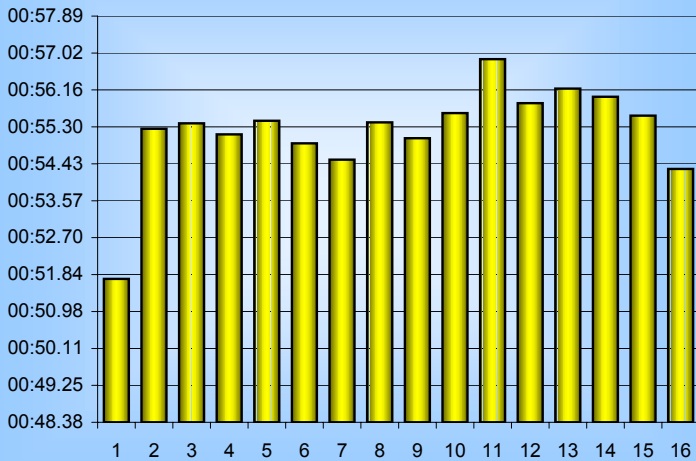
800m Splits

7th September 2007

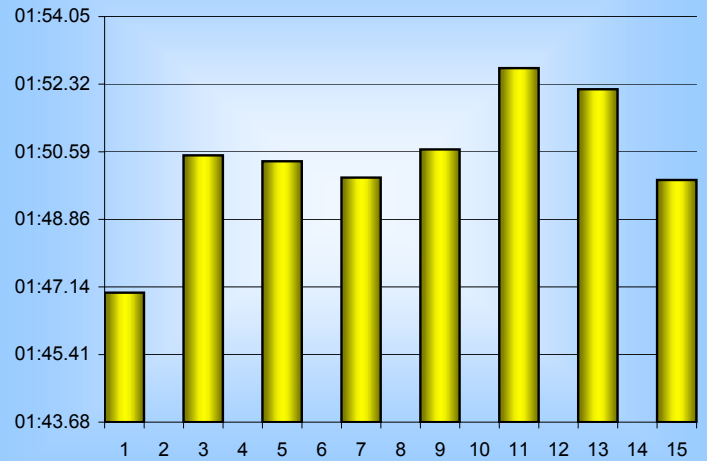
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:51.74	00:51.74				
100	01:46.99	00:55.25	01:46.99			
150	02:42.37	00:55.38	01:50.50	03:37.49		
200	03:37.49	00:55.12	01:50.35		07:17.77	
250	04:32.93	00:55.44	01:49.93	03:40.28		
300	05:27.84	00:54.91	01:50.65			
350	06:22.37	00:55.40	01:52.73	03:43.38		
400	07:17.77	00:55.03	01:52.19		07:25.44	
450	08:12.80	00:55.62	01:49.87	03:42.06		
500	09:08.42	00:56.88				
550	10:05.30	00:55.85				
600	11:01.15	00:56.19				
650	11:57.34	00:56.00				
700	12:53.34	00:55.56				
750	13:48.90	00:54.31				
800	14:43.21					
Averages		00:55.20	01:50.40	03:40.80	07:21.60	14:43.21

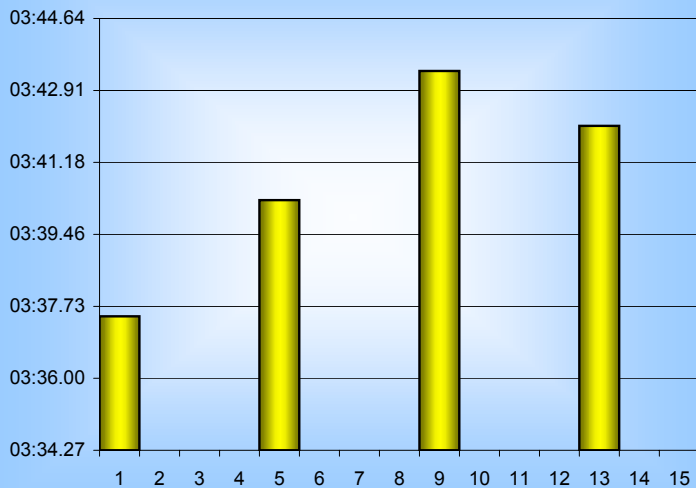
50m splits



100m splits



200m splits



400m splits

