

# Audrey Cooper

## 800m Splits

7th September 2007

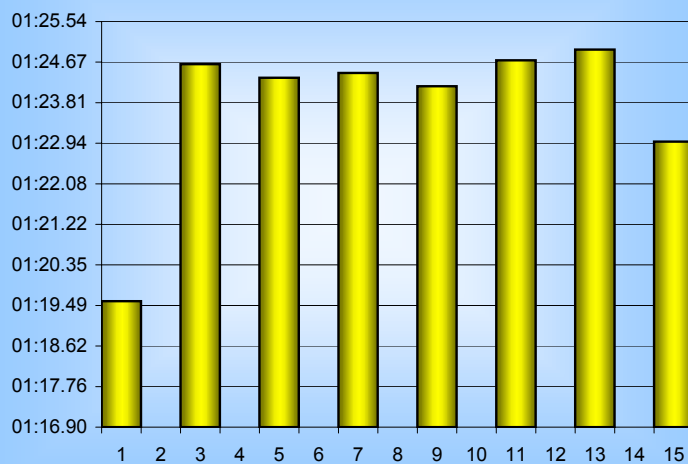
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:37.86	00:37.86				
100	01:19.58	00:41.72	01:19.58			
150	02:01.80	00:42.22	01:24.63	02:44.21		
200	02:44.21	00:42.41	01:24.34		05:32.99	
250	03:26.46	00:42.09	01:24.44	02:48.78		
300	04:08.55	00:42.47	01:24.16			
350	04:51.02	00:41.94	01:24.16	02:48.87		
400	05:32.99	00:41.94	01:24.16			11:09.78
450	06:14.93	00:42.22	01:24.71			
500	06:57.15	00:42.18	01:24.71	02:48.87		
550	07:39.33	00:42.53	01:24.94		05:36.79	
600	08:21.86	00:42.29	01:24.94	02:47.92		
650	09:04.15	00:42.65	01:22.98			
700	09:46.80	00:42.13				
750	10:28.93	00:40.85				
800	11:09.78					
<b>Averages</b>		<b>00:41.86</b>	<b>01:23.72</b>	<b>02:47.45</b>	<b>05:34.89</b>	<b>11:09.78</b>

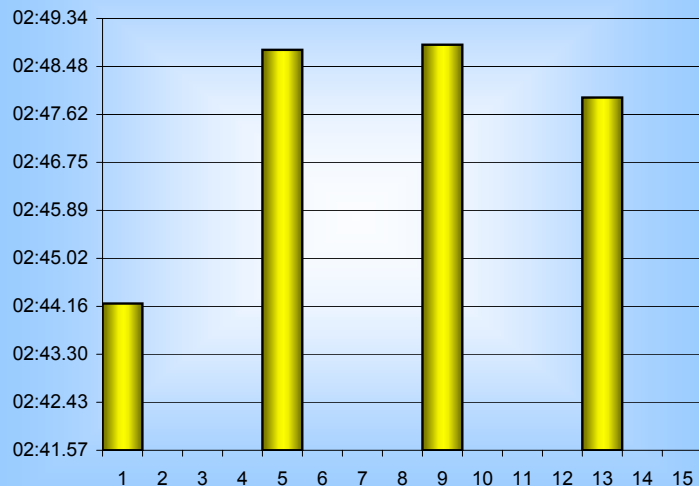
50m splits



100m splits



200m splits



400m splits

