

# Barbara Thompson

## 800m Splits

9th September 2005

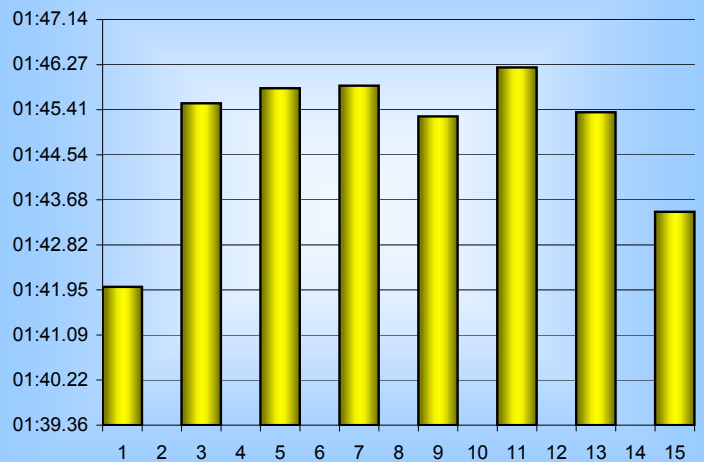
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:49.13	00:49.13				
100	01:42.01	00:52.88	01:42.01			
150	02:34.89	00:52.88	01:45.53	03:27.54		
200	03:27.54	00:52.65			06:59.23	
250	04:20.67	00:53.13	01:45.82			
300	05:13.36	00:52.69	01:45.87	03:31.69		
350	06:06.45	00:53.09				
400	06:59.23	00:52.78	01:45.28			13:59.54
450	07:51.89	00:52.66				
500	08:44.51	00:52.62	01:46.22	03:31.50		
550	09:37.57	00:53.06				
600	10:30.73	00:53.16	01:45.36		07:00.31	
650	11:23.41	00:52.68				
700	12:16.09	00:52.68	01:43.45	03:28.81		
750	13:10.57	00:54.48				
800	13:59.54	00:48.97				
<b>Averages</b>		<b>00:52.47</b>	<b>01:44.94</b>	<b>03:29.88</b>	<b>06:59.77</b>	<b>13:59.54</b>

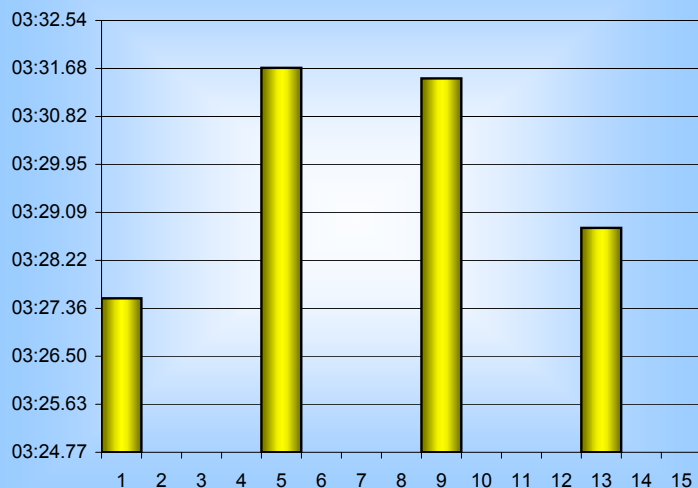
50m splits



100m splits



200m splits



400m splits

