

Philip Robbins

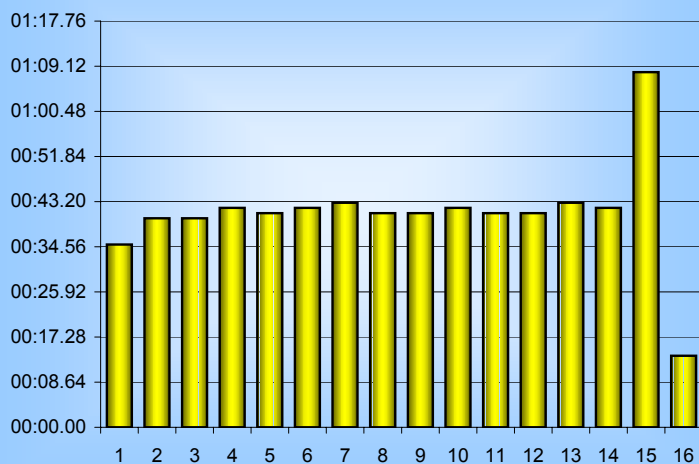
800m Splits

10th September 2004

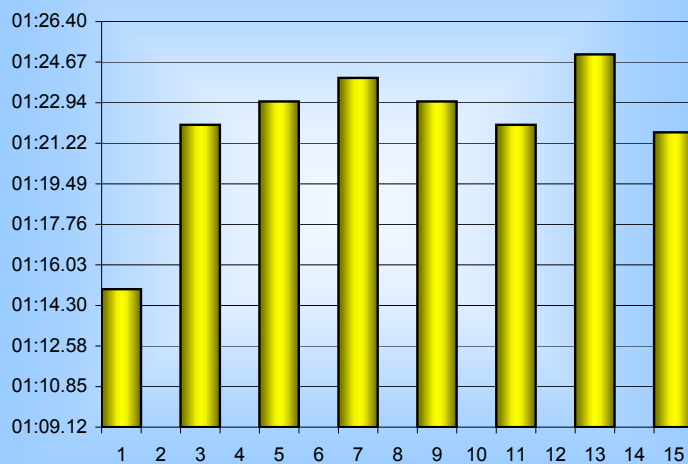
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:35.00	00:35.00				
100	01:15.00	00:40.00	01:15.00			
150	01:55.00	00:40.00	01:22.00	02:37.00		
200	02:37.00	00:42.00	01:23.00		05:24.00	
250	03:18.00	00:41.00	01:24.00	02:47.00		
300	04:00.00	00:42.00	01:23.00			
350	04:43.00	00:43.00	01:24.00	02:45.00		
400	05:24.00	00:41.00	01:23.00			10:55.68
450	06:05.00	00:41.00	01:22.00			
500	06:47.00	00:42.00	01:22.00	02:46.68		
550	07:28.00	00:41.00	01:25.00			
600	08:09.00	00:43.00	01:21.68		05:31.68	
650	08:52.00	00:42.00				
700	09:34.00	01:08.00				
750	10:42.00	00:13.68				
800	10:55.68					
Averages		00:40.98	01:21.96	02:43.92	05:27.84	10:55.68

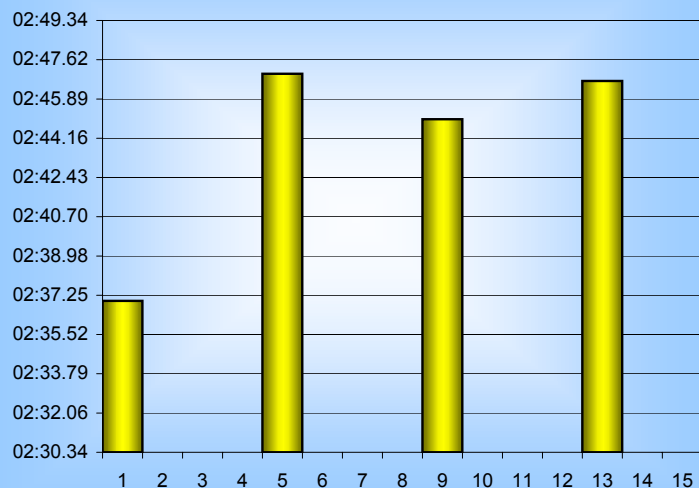
50m splits



100m splits



200m splits



400m splits

