

Keith Dunnett

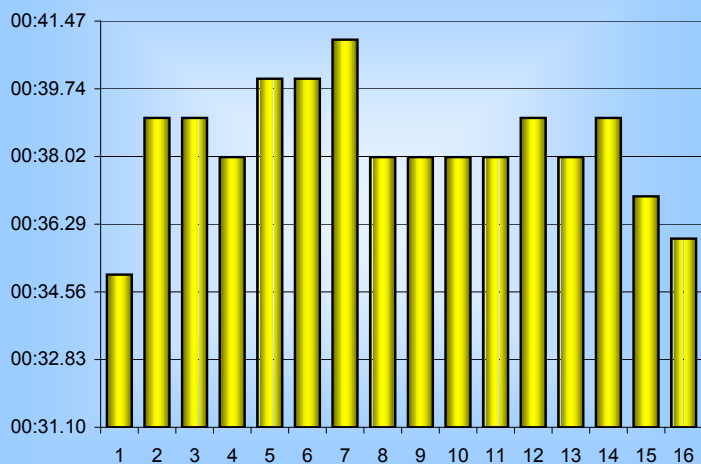
800m Splits

10th September 2004

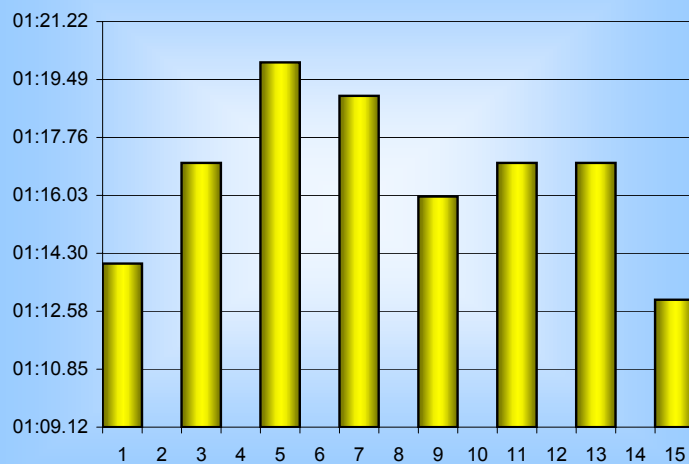
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:35.00	00:35.00				
100	01:14.00	00:39.00	01:14.00			
150	01:53.00	00:39.00	01:17.00	02:31.00		
200	02:31.00	00:38.00	01:20.00		05:10.00	
250	03:11.00	00:40.00	01:20.00	02:39.00		
300	03:51.00	00:40.00	01:19.00			
350	04:32.00	00:41.00	01:16.00	02:33.00		
400	05:10.00	00:38.00	01:17.00		05:02.92	10:12.92
450	05:48.00	00:38.00	01:17.00	02:29.92		
500	06:26.00	00:38.00	01:12.92			
550	07:04.00	00:39.00				
600	07:43.00	00:38.00				
650	08:21.00	00:39.00				
700	09:00.00	00:37.00				
750	09:37.00	00:35.92				
800	10:12.92					
Averages		00:38.31	01:16.62	02:33.23	05:06.46	10:12.92

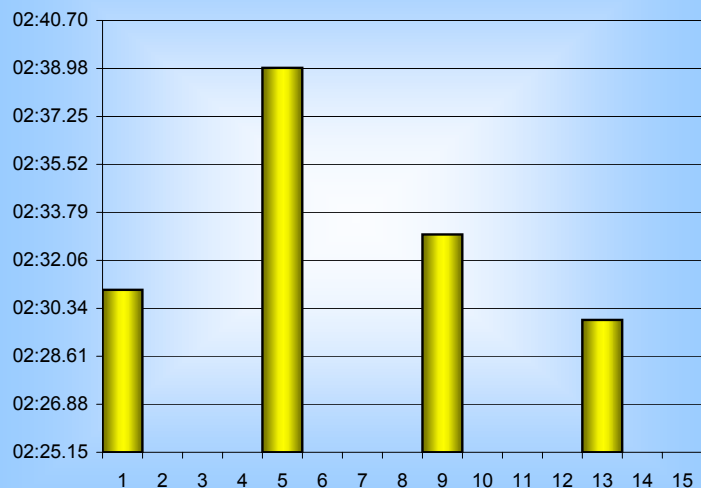
50m splits



100m splits



200m splits



400m splits

