

# Jack Glover

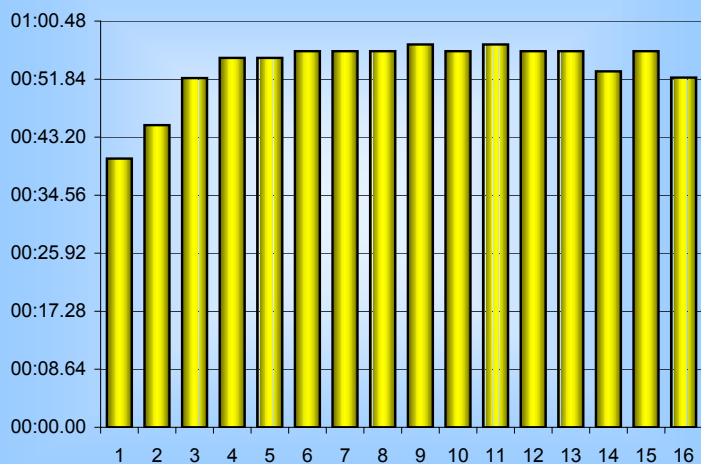
## 800m Splits

### 10th September 2004

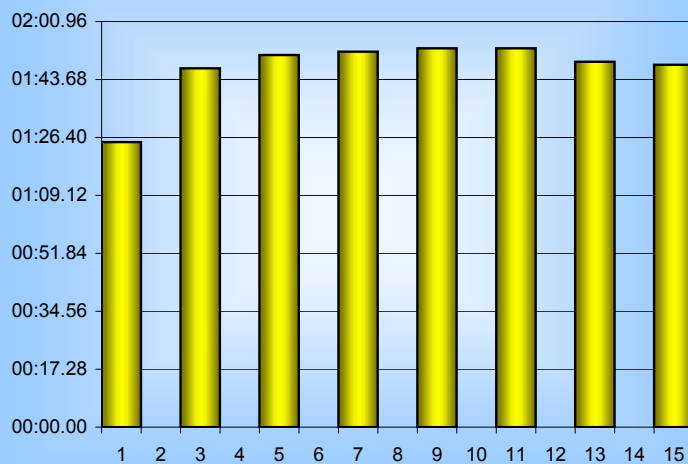
### Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:40.00	00:40.00				
100	01:25.00	00:45.00	01:25.00			
150	02:17.00	00:52.00	01:47.00	03:12.00		
200	03:12.00	00:55.00	01:51.00		06:55.00	
250	04:07.00	00:55.00	01:51.00			
300	05:03.00	00:56.00	01:52.00	03:43.00		
350	05:59.00	00:56.00	01:52.00			
400	06:55.00	00:56.00	01:53.00			14:18.06
450	07:52.00	00:57.00	01:53.00			
500	08:48.00	00:56.00	01:53.00	03:46.00		
550	09:45.00	00:57.00	01:53.00			
600	10:41.00	00:56.00	01:49.00		07:23.06	
650	11:37.00	00:56.00	01:49.00			
700	12:30.00	00:53.00	01:48.06	03:37.06		
750	13:26.00	00:56.00				
800	14:18.06	00:52.06				
<b>Averages</b>		<b>00:53.63</b>	<b>01:47.26</b>	<b>03:34.52</b>	<b>07:09.03</b>	<b>14:18.06</b>

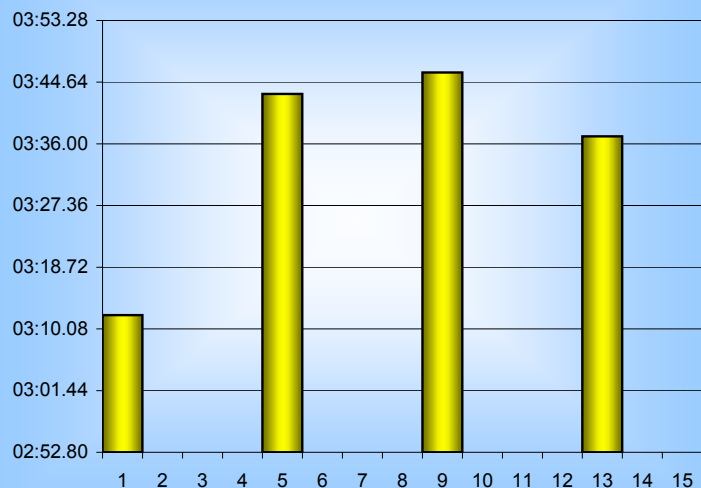
50m splits



100m splits



200m splits



400m splits

