

Gary Hurr

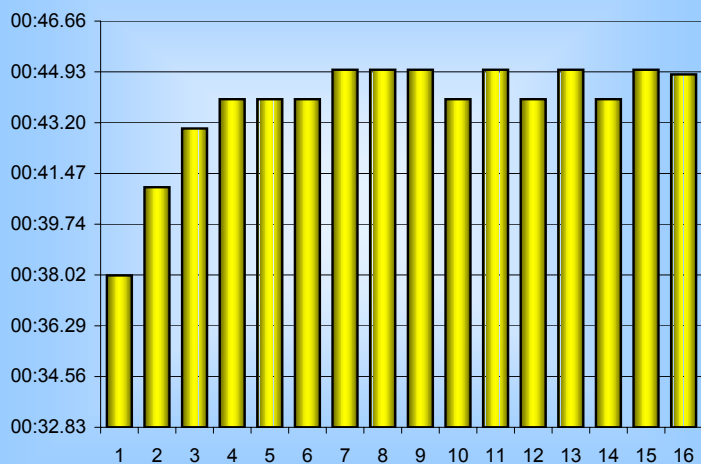
800m Splits

10th September 2004

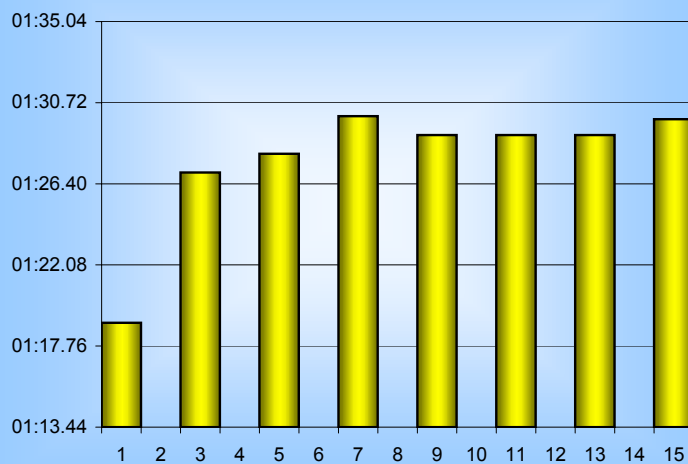
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:38.00	00:38.00				
100	01:19.00	00:41.00	01:19.00			
150	02:02.00	00:43.00	01:27.00	02:46.00		
200	02:46.00	00:44.00	01:28.00		05:44.00	
250	03:30.00	00:44.00	01:30.00	02:58.00		
300	04:14.00	00:45.00	01:29.00			
350	04:59.00	00:45.00	01:29.00	02:58.00		
400	05:44.00	00:45.00	01:29.00			11:40.84
450	06:29.00	00:44.00	01:29.00			
500	07:13.00	00:44.00	01:29.00	02:58.00		
550	07:58.00	00:44.00	01:29.00			
600	08:42.00	00:45.00	01:29.00	02:58.84	05:56.84	
650	09:27.00	00:45.00	01:29.84			
700	10:11.00	00:44.84				
750	10:56.00					
800	11:40.84					
Averages		00:43.80	01:27.61	02:55.21	05:50.42	11:40.84

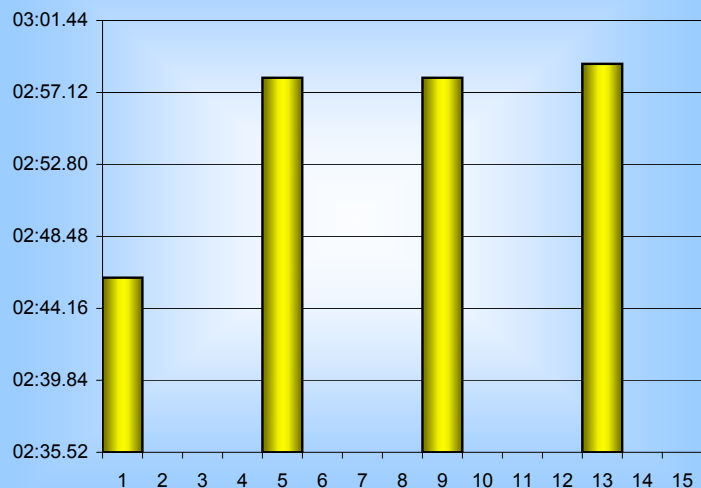
50m splits



100m splits



200m splits



400m splits

