

Evelyn Tivendale

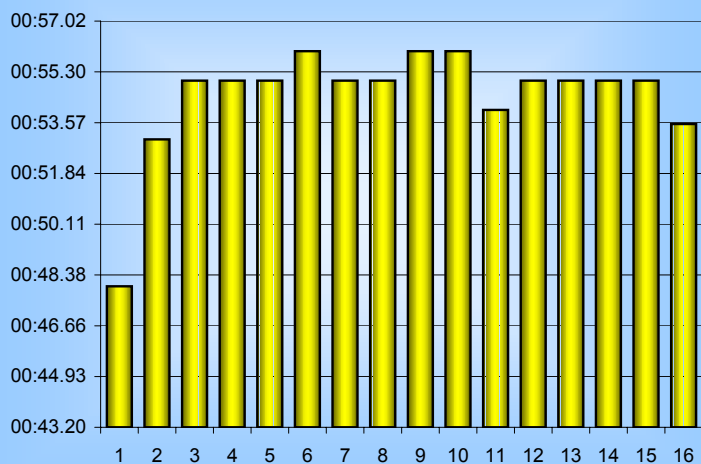
800m Splits

10th September 2004

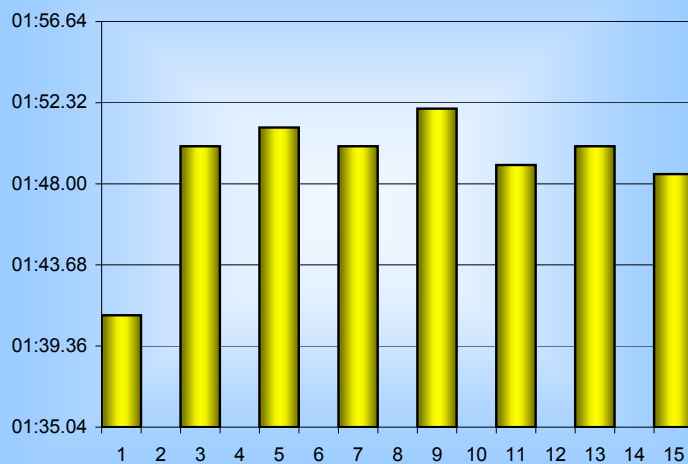
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:48.00	00:48.00				
100	01:41.00	00:53.00	01:41.00			
150	02:36.00	00:55.00	01:50.00	03:31.00		
200	03:31.00	00:55.00	01:50.00		07:12.00	
250	04:26.00	00:55.00	01:51.00			
300	05:22.00	00:56.00	01:51.00			
350	06:17.00	00:55.00	01:50.00	03:41.00		
400	07:12.00	00:55.00	01:50.00			
450	08:08.00	00:56.00	01:52.00			14:31.52
500	09:04.00	00:56.00	01:52.00			
550	09:58.00	00:54.00	01:49.00	03:41.00		
600	10:53.00	00:55.00	01:49.00		07:19.52	
650	11:48.00	00:55.00	01:50.00			
700	12:43.00	00:55.00	01:50.00			
750	13:38.00	00:55.00	01:48.52	03:38.52		
800	14:31.52	00:53.52	01:48.52			
Averages		00:54.47	01:48.94	03:37.88	07:15.76	14:31.52

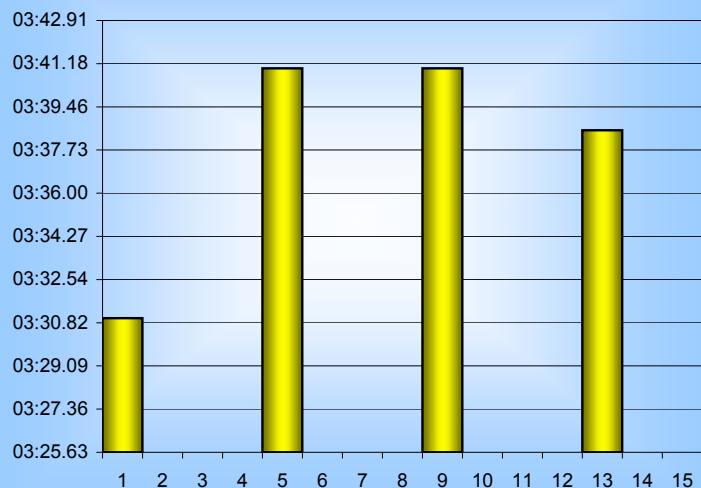
50m splits



100m splits



200m splits



400m splits

