

Eddie Riach

800m Splits

10th September 2004

Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:31.00	00:31.00				
100	01:06.00	00:35.00	01:06.00			
150	01:42.00	00:36.00	01:11.00	02:17.00		
200	02:17.00	00:35.00	01:12.00		04:41.00	
250	02:53.00	00:36.00	01:12.00	02:24.00		
300	03:29.00	00:36.00	01:12.00			
350	04:05.00	00:36.00	01:12.00	02:24.00		
400	04:41.00	00:36.00	01:12.00			09:30.09
450	05:17.00	00:36.00	01:12.00			
500	05:53.00	00:36.00	01:12.00	02:24.00		
550	06:29.00	00:36.00	01:12.00			
600	07:05.00	00:36.00	01:12.00		04:49.09	
650	07:42.00	00:37.00	01:15.00			
700	08:20.00	00:38.00	01:10.09	02:25.09		
750	08:55.00	00:35.00				
800	09:30.09	00:35.09				
Averages		00:35.63	01:11.26	02:22.52	04:45.05	09:30.09

