

# Carissa Farrell

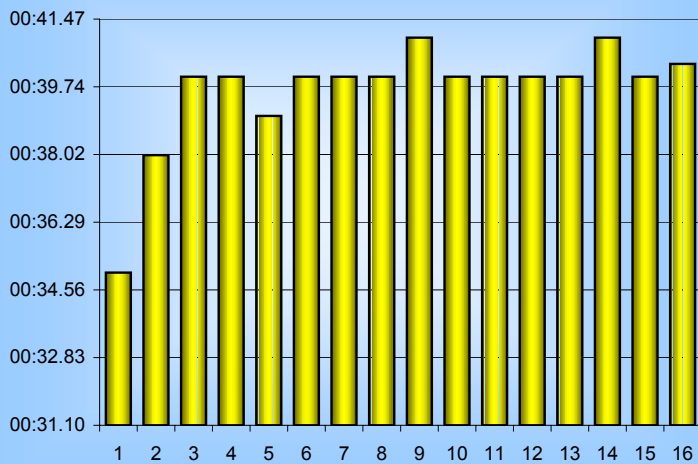
## 800m Splits

10th September 2004

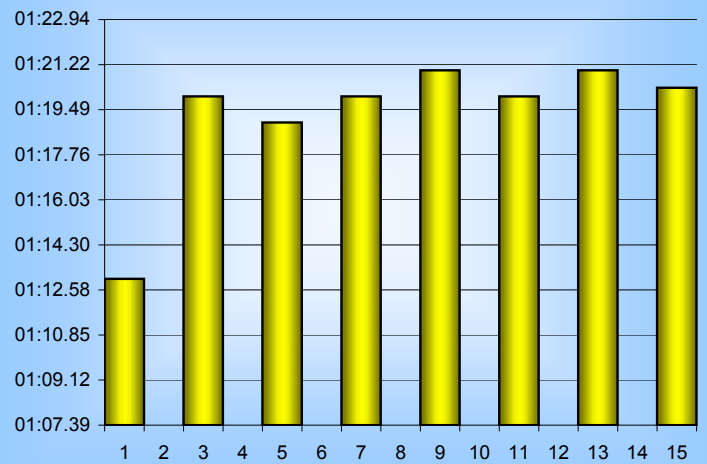
Inverclyde Masters

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:35.00	00:35.00				
100	01:13.00	00:38.00	01:13.00			
150	01:53.00	00:40.00	01:20.00	02:33.00		
200	02:33.00	00:40.00	01:19.00		05:12.00	
250	03:12.00	00:39.00	01:20.00	02:39.00		
300	03:52.00	00:40.00	01:21.00			
350	04:32.00	00:40.00	01:20.00	02:41.00		
400	05:12.00	00:40.00	01:21.00			10:34.33
450	05:53.00	00:41.00	01:20.00			
500	06:33.00	00:40.00	01:20.00	02:41.33		
550	07:13.00	00:40.00	01:21.00			
600	07:53.00	00:40.00	01:20.33		05:22.33	
650	08:33.00	00:40.00				
700	09:14.00	00:41.00				
750	09:54.00	00:40.00				
800	10:34.33	00:40.33				
<b>Averages</b>		<b>00:39.65</b>	<b>01:19.29</b>	<b>02:38.58</b>	<b>05:17.16</b>	<b>10:34.33</b>

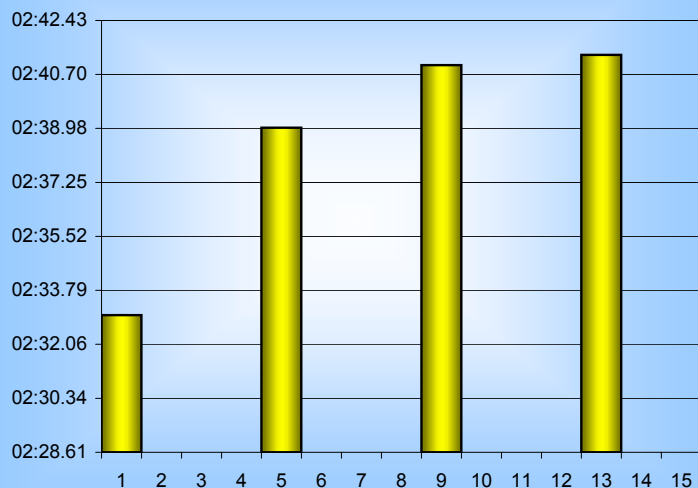
50m splits



100m splits



200m splits



400m splits

