

Andrew MacLennan

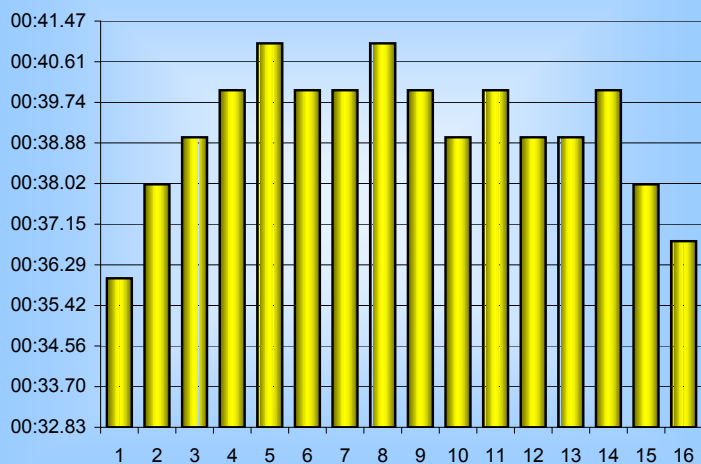
800m Splits

10th September 2004

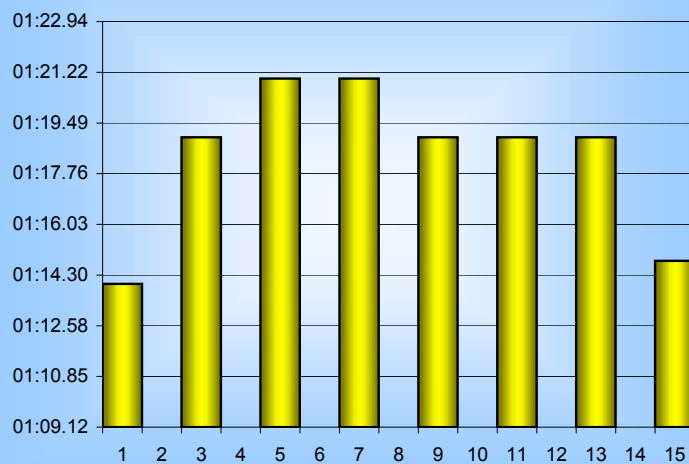
Inverclyde Masters Swim Meet

Distance (m)	Elapsed Time	50 splits	100 splits	200 splits	400 splits	800 splits
50	00:36.00	00:36.00				
100	01:14.00	00:38.00	01:14.00			
150	01:53.00	00:39.00	01:19.00	02:33.00		
200	02:33.00	00:40.00	01:21.00		05:15.00	
250	03:14.00	00:41.00	01:21.00	02:42.00		
300	03:54.00	00:40.00	01:21.00			
350	04:34.00	00:40.00	01:19.00	02:38.00		
400	05:15.00	00:41.00	01:19.00			10:26.79
450	05:55.00	00:40.00	01:19.00			
500	06:34.00	00:39.00	01:19.00	02:33.79		
550	07:14.00	00:40.00				
600	07:53.00	00:39.00			05:11.79	
650	08:32.00	00:39.00	01:19.00			
700	09:12.00	00:40.00				
750	09:50.00	00:38.00	01:14.79			
800	10:26.79	00:36.79				
Averages		00:39.17	01:18.35	02:36.70	05:13.39	10:26.79

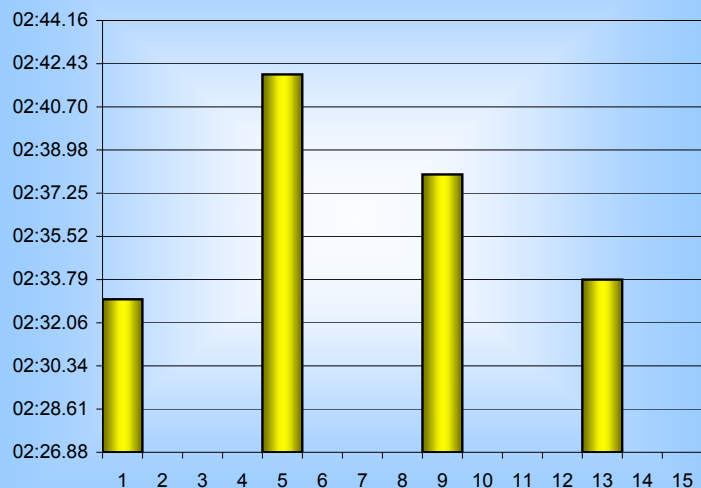
50m splits



100m splits



200m splits



400m splits

