

# Very successful meet at Bellshill for Inverclyde Amateur swimming club youngsters

June 2007

Five swimmers from Inverclyde ASC competed at the Aquanauts Graded meet in Bellshill at the weekend. A fantastic performance was given in the morning from the girls, Laura Atkinson aged 10 and Karen Tegg aged 11, who both swam in the 200m Breaststroke - achieving personal bests of 25 seconds and 8 seconds respectfully. Both girls also swam in the 200m Individual Medley for the first time and produced excellent results both achieving personal bests over this distance. Joining Laura and Karen in the Girls 200m Freestyle Chain Relay were Carla Findlay (aged 9) and Kyara Finlay (aged 13) and saw the girls coming sixth in this event.

The afternoon saw the most successful swimmer of the day, Aidan Grant aged 9, competing for the first time in both his events. Aidan received a bronze medal in the 200m Breaststroke and was placed fifth in the 200m IM.

These swimmers will now have a well earned summer break and will resume their full training schedule at the end of July.

Sunday nights' introduction to the club sessions will resume on Sunday 22<sup>nd</sup> of July. Any new potential members, who have completed level 3 and above of the Waterfronts swimming lessons or can swim a length of the pool comfortably in two swimming strokes, are welcome to come for a trial between 6pm -7pm.