

INVERCLYDE AMATEUR SWIMMING CLUB

The Inverclyde ASC, in conjunction with the Inverclyde Leisure Trust, proposes to hold a Swimming Teachers Training Course details as follows:

COURSE	UKCC Swimming Teachers Certificate - Level Two
DATE	Commencing - Friday 5 th October 2007
VENUES	Swimming Baths, Port Glasgow & The Waterfront Leisure Complex, Greenock.
COST	£375.00
TUTOR	Tony McKay. - Scottish Swimming
OUTLINE PROGRAMME	The proposed programme will be delivered over 8 sessions and consist of: 16.5 hours Theory, 7 hours Practical & 2.5 hours Skill Analysis
	<ul style="list-style-type: none">• Copy of programme/timetable attached for information
CLOSING DATE	A completed application form together with a deposit of £270.00. (Cheques made payable to Inverclyde ASC) should be forwarded to:

Donald Muirhead
3 Ryan Road
WEMYSS BAY
PA18 6DH

NB Closing date for applications 8th September 2007

FURTHER INFORMATION The above named can be contacted at:

Tel. No. (01475) 520440 or
Email; cumbrianduck@aol.com

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COURSE APPLICATION FORM **UKCC TEACHERS TRAINING COURSE - LEVEL TWO**

I wish to apply for a place on the above named Course, which will be held in the Swimming Baths, Port Glasgow/Waterfront Complex, Greenock commencing 5th October 2007. As requested I enclose a deposit of £270.00.

NAME _____

ADDRESS _____

TEL. NO. _____ EMAIL: _____

SIGNATURE _____

UKCC TEACHER CERTIFICATE LEVEL 2

Friday 5th October until Friday 23rd November 2007.

DATE	CORE THEORY	Unit	Element	BREAK	UNIT 3 POOLWORK	SKILL ANALYSIS
Friday 5 th October Port Glasgow	5.00pm Introduction Logbook Stroke Analysis 5:45pm –6:45pm Skill acquisition	1 2	2.2.1 1.3.1 1.2.1 1.1.2	6:45pm – 7:00pm	7pm – 8pm Improvers & beginners	8:00pm –8:30pm
Friday 12 th October Port Glasgow	5.30pm –6.45pm Lesson Planning Back Crawl 8.30pm –9.30pm Grouping large classes	1 1	3.3 1.6 1.7 1.4.1	6.45pm – 7:00pm 8.15pm - 8.30pm	7pm –8pm Improvers & Transition squad	8:00pm -8.15pm
Sunday 28 th October Waterfront, Greenock	5.00pm –6.00pm Front Crawl Drills 7.30pm –9.00pm Butterfly	2 2	2.1.4 2.1.3	7.15pm – 7:30pm	6pm –7pm Improvers & Transition squad	7:00pm -7.15pm Tutor Demo
Friday 7 th November Port Glasgow	5.30pm –6.45pm Child Protection Use of Assistants 8.30pm –10pm Worksheets Q&A	1 1	4.1 5.1 1.3.2 1.3.3 1.3.4	6.45pm – 7:00pm 8:15pm – 8:30pm	7pm –8pm Silver Squad Butterfly & Assistant work Lane work	8:00pm –8.15pm Skill Analysis
Sunday 11 th November Waterfront Greenock	5:00pm –6:00pm Breast Stroke & Laws 7:30pm –9:00pm Worksheets Survival Skills	1 2	2.2.1 1.3.1 1.2.1 1.1.2	7.15pm – 7.30pm	6:00pm –7:00pm Improvers	7:00pm –7:15pm
Friday 16 th November Port Glasgow	5.30pm –6.45pm Anatomy & physiology 8.30pm –10pm Worksheets Assistants	2 1	Review 1.6.1	6.45pm – 7:00pm 8.15pm - 8.30pm	7pm –8pm Advanced Large Classes Assistant work	8:00pm –8.15pm Skill Analysis
Sunday 18 th November Waterfront Greenock	5:00pm – 6:00pm Fundamentals & LTAD 7:45pm – 8:45pm Review of strokes	2 2	Review	7:30pm – 7:45pm	6:00pm -7:00pm Beginners & Improvers	7:00pm –7:30pm Tutor Demo
Friday 23 rd November Port Glasgow	6:30pm – 8:00pm Mock Exam					

Date for written exam will be advised at the commencement of the Course

Theory		16.5 hours
Practical	Unit 3	7 hours
Skill analysis		2.5 hours

Tutor Demonstration throughout & on specific dates.

Written paper 1.5hours

- **Please note that a new syllabus is in the process of being introduced.**
- **Candidates will be advised of any changes to the above programme at the commencement of the Course.**
- **Information regarding related Bursaries being offered by Scottish Swimming to candidates in membership of the Organisation will be available at the commencement of the Course.**